



# THE HEAD, HEART, HANDS AND HEALTH OF YOUR COMMUNITY

## NATIONAL 4-H WEEK

OCTOBER 1-7, 2017

October 2017



4-H, the nation's largest youth development and empowerment organization, cultivates confident kids who tackle the issues that matter most in their communities right now. In the United States, 4-H programs empower six million young people through the 110 land-grant universities and Cooperative Extension in more than 3,000 local offices serving every county and parish in the country. Outside the United States, independent, country-led 4-H organizations empower one million young people in more than 50 countries. National 4-H Council is the private sector, non-profit partner of the Cooperative Extension System and 4-H National Headquarters located at the National Institute of Food and Agriculture (NIFA) within the United States Department of Agriculture (USDA). Learn more about the El Paso County 4-H Program by visiting our website at <http://elpasoco.colostate.edu/index.htm>.

### Start of the new 4-H year!

October 1st is the start of the new 4-H year! 4HOnline will open up for enrollment on October 16th after 12:00 PM. Enrollment fees will remain \$40.00 per child and new or returning leader's fees are \$5.00. Please remember that the 4-H foundation has some funding available for families who may wish to ask for financial assistance.

### Remember to pick-up your 4-H State Fair Projects from the CSU Extension office by October 6th. Projects left after 10/6 will be discarded.

### 4-H Has a New Project – The 4-H Western Heritage Project!

4-H Western Heritage is a living-history project. 4-H youth members, ages 9 to 18, learn about the frontier west. To be eligible for the shooting portion of the Western Heritage Project, 4-H members must have one year of prior range experience as a 4-H shooting sports member. 4-H members may choose whether or not to participate in the shooting sports aspect of the 4-H Western Heritage Project. In El Paso County, youth may participate in the crafting, costuming, and history learning activities without handling or using firearms. Call today if you are ready for a hands-on history experience!

4-H Western Heritage activities focus on the time period between 1860 and 1900.

4-H Western Heritage is "Hands-on History." 4-H members learn about frontier history in a participatory way that helps make learning about history fun!

This interdisciplinary history project can offer youth many topics to explore such as:



- 4-H Shooting Sports and western action shooting using period style firearms;
- Frontier cooking, baking, and how to preserve food;
- Heritage arts such as quilting, leathercraft, weaving, metal work, needle arts, felting, and sewing;
- Creating and wearing period costumes; and
- History of the American West.

You're Invited!



There will be an informational presentation on **Friday, September 29, at 7:00 PM** at CSU Extension Office, 17 N. Spruce St., CO Springs, 80905.

**Please RSVP** by calling 719-520-7698 or email [tawniegraves@elpasoco.com](mailto:tawniegraves@elpasoco.com)

### Interested in Becoming a 4-H Volunteer?

To become a 4-H volunteer in El Paso County all interested individuals must attend an in-person Orientation. Pick a date below or contact the CSU Extension Office to schedule an Orientation at a more convenient date and time. Potential volunteers should be prepared to pay the \$5.00 annual 4-H volunteer enrollment fee when they attend the Orientation.

**Orientation Location:** CSU Extension Office, 17 N. Spruce St., Colorado Springs, CO, 80905.

**Tuesday, October 3** - 1:00 to 2:30 PM or 6:30 to 8:00 PM

**Thursday, November 2** - 1:00 to 2:30 PM or 6:30 to 8:00 PM

**Friday, December 1** - 1:00 to 2:30 PM or 6:30 to 8:00 PM

**Please call to pre-register** to attend an Orientation at (719) 520-7698. We ask all individuals to pre-register so we can inform attendees of any schedule changes. **Orientation dates will be cancelled if there are no pre-registrations.**

**Other required steps to becoming an El Paso County 4-H volunteer after Orientation:**

- Complete the online application
- Receive two positive references
- Complete the background check with **HireRight**
- Complete Volunteer Leader Training (VLT)

After you have completed the screening process, you will be notified with a welcome letter from the CSU Extension El Paso County Office that your screening is complete. Your name will be activated in 4HOnline, our state database. **IMPORTANT** - You may not begin as a 4-H volunteer until you have received written approval from your county 4-H Agent. The last step is to complete Volunteer Leader Training. **Volunteers are the Heart of 4-H!** Thank you for your interest in sharing your time and talent with Colorado youth!

### Volunteer Leader Training (VLT)

The VLT training may be taken as an all-day Saturday session or on three consecutive evenings. Volunteers may mix and match training dates/times to complete all three parts. There is no cost to attend VLT but **volunteers must pre-register to attend** and training dates/times are subject to cancellation if too few pre-registrations are received (fewer than 8 pre-registrations). New clubs with several volunteers needing training may request to schedule a VLT opportunity that is convenient to the new club (at the club meeting location).

**Please RSVP** by calling 719-520-7698 or email [tawniegraves@elpasoco.com](mailto:tawniegraves@elpasoco.com). Training dates with too few pre-registrations will be cancelled or rescheduled.

#### Fall Option:

(PHES) **Saturday, October 14**, 9:00 AM to 1:00 PM with a working lunch (bring sack lunch)  
 Prairie Heights Elementary School (PHES), 7930 Indian Village Heights, Fountain, CO 81008

#### Winter Option:

(Akers) **Saturday—All Day, January 6**, 9:00 AM to 3:30 PM (half hour lunch break)  
 El Paso County Department of Transportation (Akers), 3275 Akers Drive, Colorado Springs, CO 80922

#### Spring Option – must attend all three parts:

El Paso County Department of Transportation (Akers), 3275 Akers Drive, Colorado Springs, CO 80922

(Akers) VLT Part 1 - **Monday, April 16**, 6:30 to 8:30 PM

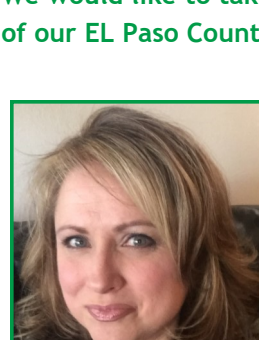
(Akers) VLT Part 2 - **Monday, April 23**, 6:30 to 8:30 PM

(Akers) VLT Part 3 - **Monday, April 30**, 6:30 to 8:30 PM

**Summer Option:** Summer training will be scheduled only if necessary. Please attend VLT at your earliest convenience to maintain 4-H volunteer status.

**Please RSVP** by calling 719-520-7698 or email [tawniegraves@elpasoco.com](mailto:tawniegraves@elpasoco.com)

### We would like to take this opportunity to introduce you to the newest members of our EL Paso County 4-H family!



**Tawnie Graves, 4-H Program Administrative Assistant**

*Have Questions?*  
*Need Information?*

Please call Tawnie as your first point of contact for general inquiries and day-to-day club management needs.

**(719) 520-7698**

*Have a skill to share?*

Please call Bret if you have a 4-H project-based learning opportunity you would like to offer as a workshop or special event.

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4-H		October 2017					4-H	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 <b>START OF NEW 4-H YEAR!</b>	2	3 New Volunteer Orientation <b>Please RSVP!</b>	4 National 4-H Youth Science Day	5 Fall Leaders' Meeting Rescheduled. 7:00 PM <b>Please RSVP!</b>	6	7		
8 4-H Ambassadors – 2:00 to 3:30 PM <b>Please RSVP!</b>	9 Dog Committee – 6:30 PM	10	11	12 Livestock Committee – 7:00 PM	13	14 VLT—9:00 AM to 1:00 PM (Midway) <b>Please RSVP!</b>		
15	16 4H Online Open to Enrollment at 12:00 PM	17 Horse Committee – 7:00 PM	18	19 Tabletop Committee – 6:30 PM	20	21		
22	23	24 Youth Council – 7:00 PM	25	26 Small Animal Committee – 6:30 PM	27	28 Shooting Sports Committee – 9:00 AM		
29	30	31						

Questions or comments? Email us at [csu4h@elpasoco.com](mailto:csu4h@elpasoco.com) or call 719-520-7698.

The deadline for submission to the newsletter is on the 20th of each month. Colorado State University Extension in El Paso County reserves the right to include, refuse or edit any newsletter submissions.

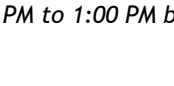
**CSU Extension in El Paso County**

17 North Spruce Street

Colorado Springs, CO 80905

Phone: 719-520-7698

<http://elpasoco.colostate.edu>



**Office Hours:** Monday–Friday, 8:00 AM to 12:00 PM and 1:00 to 5:00 PM. *12 PM to 1:00 PM by appointment only.*

Colorado State University, U.S. Department of Agriculture and El Paso County cooperating.

Extension programs are available to all without discrimination. If you have a disability for which you seek an accommodation, please notify the CSU Extension El Paso County 4-H Office ten days prior to the event.