

THE HEAD, HEART, HANDS AND HEALTH OF YOUR COMMUNITY

4-H Is Growing True Leaders—by Jennifer Sirangelo

November 2017

America is facing a leadership crisis. Many young people today aren't being given the opportunity to learn the tenacity, strategic-thinking and people skills that they'll need to lead - now and in the future.



For me, leadership started at home as a big sister. As the oldest of four kids, I took on a lot of responsibility early on in my life. My dad worked two jobs and my mom was my first mentor, and she saw the unique potential in me and each of my siblings and helped us cultivate it. Caring adults like my mom and others stepped up and gave me the opportunities I needed to grow essential life skills.

But recent research conducted by 4-H suggests that today's youth aren't getting the leadership opportunities they want and need. In the 2016 4-H National Youth Survey on Leadership, two-thirds of respondents said they don't have the tangible skills they needed to lead. Half of high school students said they don't feel prepared to lead in college or a future career.

Start of the new 4-H year!

4HOnline is now open up for enrollment. Enrollment fees will remain \$40.00 per child and new or returning leader's fees are \$5.00. Please remember that the 4-H foundation has some funding available for families who may wish to ask for financial assistance. Foundation application is on the El Paso County CSU Extension Website: <http://elpaso.extension.colostate.edu/4-h-member-and-volunteer-resources/>

That's a discouraging statistic. But even more discouraging is that, as adults, we're not stepping up to help young people get the leadership opportunities they need. When our survey asked youth why they hadn't taken opportunities to learn leadership skills, the number one reason they gave was that no one had asked them.

4-H wants to change that. This spring, we've launched our Grow True Leaders Campaign to highlight the experiences offered to young people that grow leadership skills. Through self-chosen projects, kids work with volunteer mentors and are given opportunities to lead¹. 4-H projects bring out their potential, their passions and their drive to help others, as we empower them to become true leaders.

In 4-H, we believe that every child has the potential to be a leader, and in order to fulfill that potential they need caring adult mentors, chances to develop practical skills, and opportunities to take on leadership roles. As America's largest youth development organization, we know this approach works and our results are second to none.

If we're going to fill the coming leadership void, adults must play a larger role in encouraging kids and offering them the hands-on experiences that will help them build confidence and grow skills.

4-H's Grow True Leaders Campaign highlights those experiences. We're asking young people to tell us which problems facing the world need stronger leaders, or which problems they themselves would like to lead the way in solving. Then they'll have the opportunity to develop innovative solutions to these problems.

We're also asking adults to champion the positive work that today's youth are doing by recognizing young leaders in their own communities through a Shout Out² and by helping us provide more opportunities for youth to gain the skills they need to lead. We're supporting our youth, and we're asking adults across the country to do the same. Let's rally the nation to grow a generation of true leaders.

¹ Minor edits were made to pertain to El Paso County 4-H.

² Visit <https://4-h.org/get-involved/shout/> to learn more about the 4-H Shout Out.

Reminder to all 4-H Club Reporters:

It is important to protect the identity of 4-H members. Please use first name and last initial with entries such as a newspaper articles or other public announcements. Thank you!

Dog Project Orientation

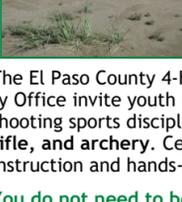


Date: November 4, 2017
Time: 10 AM to Noon
Place: Akers DOT Building
 3275 Akers Drive
 Colorado Springs, CO 80922

- The 2016-2017 Annual Awards
- Presentations and Sign-ups
- Updated Rules and Available Classes
- Parade of Lights Drill Team Practice Information

ALL RETURNING AND NEW DOG PROJECT MEMBERS SHOULD PLAN ON ATTENDING!

"Try It" Day with 4-H Shooting Sports!



Date/Time: November 11, 2107 from 10:00 AM to 1:00 PM
Date/Time: December 10, 2017 from Noon to 3:00 PM
Place: Cheyenne Mountain Shooting Complex
 7790 Route 1
 Fort Carson, CO 80913 (Complex is just outside of Fort Carson Gate 20. Turn left before entering Fort Carson.)
Cost: \$6.00 Range Fee

The El Paso County 4-H Shooting Sports Project Committee and the CSU Extension El Paso County Office invite youth (ages 8 to 18 accompanied by an adult) to experience a selection of 4-H shooting sports disciplines including: .22 rifle, air rifle, .22 pistol, air pistol, muzzleloader rifle, and archery. Certified 4-H Shooting Sports volunteers will provide firearms/archery safety instruction and hands-on "try it" activities.

You do not need to be a 4-H member to participate. Please Bring: Parent/guardian permission to participate form (attached). Equipment will be provided by the El Paso County 4-H Shooting Sports Committee.

Current shooting sports 4-H members may use the "Try It" days as regular practices to count towards county shoot participation requirements. Currently enrolled 4-H members should plan to bring their own ammunition and equipment if applicable.

Douglas County 4-H Leadership/Officer Training



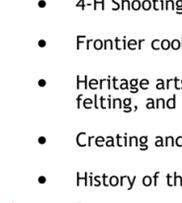
Date: November 11, 2017
Time: 9 to 11:30 AM
Place: Douglas County Fairgrounds – Kirk Hall
 500 Fairgrounds Drive
 Castle Rock, CO 80104

Leadership/Officer Training is open to all 4-H members in all counties. Ages 8 to 18. There will be a \$5 charge at the door.

This years theme will be "Gameshow"

Please RSVP to Laura Olsen at cindyfriend8@yahoo.com by November 8th, letting us know if you are able to attend and if you have any allergies.

The 4-H Western Heritage Project Meeting



Date: November 18, 2017
Time: 1:30 to 3:30 PM
Place: Akers DOT Building
 3275 Akers Drive
 Colorado Springs, CO 80922

There will be an information presentation "What is 4-H Western Heritage?" from 1:30-2:00 and the project meeting will start immediately after that.

4-H Western Heritage is "Hands-on History." 4-H members learn about frontier history in a participatory way that helps make learning about history fun!

This interdisciplinary history project can offer youth many topics to explore such as:

- 4-H Shooting Sports and western action shooting using period style firearms;
- Frontier cooking, baking, and how to preserve food;
- Heritage arts such as quilting, leathercraft, weaving, metal work, needle arts, felting, and sewing;
- Creating and wearing period costumes; and
- History of the American West.

Please RSVP to tawniegraves@elpasoco.com or call 719-520-7698 by November 16th.

Beef on a Small Farm



Date: December 2, 2017
Time: 10:00 AM to Noon
Place: CSU Extension El Paso County Office
 17 N. Spruce Street
 Colorado Springs, CO 80905

See attached flyer!

Are you interested in raising beef on your small acreage? Do you have a child in the county 4-H program who would like to gain new skills? Want help making weight for the county Fair? Come learn the INs-and-OUTs of raising beef on a small farm of 5-10 acres. A workshop for everyone interested in raising beef!

This presentation will include:

- What resources are available
- Considerations when purchasing an animal
- Where to purchase animals
- Grass Fed vs. Grain Fed
- Health Management
- Marketing Your Product

Presented by Ryan D. Rhoades
 Ph.D., Assistant Professor - Beef Extension Specialist
 Department of Animal Science,
 Colorado State University

\$10 per Individual to Attend – \$5 4-H Member Discounted Registration Fee

Pre-register by visiting Eventbrite at <https://www.eventbrite.com/e/beef-on-a-small-farm-workshop-tickets-39559046172>

Interested in Becoming a 4-H Volunteer?

To become a 4-H volunteer in El Paso County all interested individuals must attend an in-person Orientation. **Friday, December 1 - 1:00 to 2:30 PM or 6:30 to 8:00 PM** are the last scheduled orientations for 2017 or contact the CSU Extension Office to schedule an Orientation at a more convenient date and time. Potential volunteers should be prepared to pay the \$5.00 annual 4-H volunteer enrollment fee when they attend the Orientation.

Orientation Location: CSU Extension Office, 17 N. Spruce St., Colorado Springs, CO, 80905

Please RSVP to tawniegraves@elpasoco.com or call 719-520-7698. We ask all individuals to pre-register so we can inform attendees of any schedule changes. **Orientation dates will be cancelled if there are no pre-registrations.**

Other required steps to becoming an El Paso County 4-H volunteer after Orientation:

- Complete the online application
- Receive two positive references
- Complete the background check with HireRight
- Complete Volunteer Leader Training (VLT)

After you have completed the screening process, you will be notified with a welcome letter from the CSU Extension El Paso County Office that your screening is complete. Your name will be activated in 4HOnline, our state database. **IMPORTANT** - You may not begin as a 4-H volunteer until you have received written approval from your county 4-H Agent. The last step is to complete Volunteer Leader Training. **Volunteers are the Heart of 4-H!** Thank you for your interest in sharing your time and talent with Colorado youth!

Volunteer Leader Training (VLT) - Required for all new 4-H Volunteers

The VLT training may be taken as an all-day Saturday session or on three consecutive evenings. Volunteers may mix and match training dates/times to complete all three parts. There is no cost to attend VLT but **volunteers must pre-register to attend** and training dates/times are subject to cancellation if too few pre-registrations are received (fewer than 8 pre-registrations). New clubs with several volunteers needing training may request to schedule a VLT opportunity that is convenient to the new club (at the club meeting location).

Location: El Paso County DOT Building (Akers), 3275 Akers Drive, Colorado Springs, CO 80922

Winter Option – All Day, Saturday, January 6, 9:00 AM to 3:30 PM (half hour lunch break)

Spring Option – must attend all three parts:

- VLT Part 1 - **Monday, April 16, 6:30 to 8:30 PM**
- VLT Part 2 - **Monday, April 23, 6:30 to 8:30 PM**
- VLT Part 3 - **Monday, April 30, 6:30 to 8:30 PM**

Summer Option: Summer training will be scheduled only if necessary. Please attend VLT at your earliest convenience to maintain 4-H volunteer status.

Please RSVP to tawniegraves@elpasoco.com or call 719-520-7698. Training dates with too few pre-registrations will be cancelled or rescheduled.

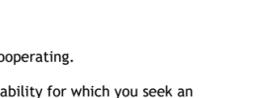
November 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 New Volunteer Orientation, Ext. Office Please RSVP!	3	4 Dog Project Orientation 10:00 AM - Noon, Akers
5	6	7	8	9 Livestock Committee 7:00 PM Akers	10 CSU Extension Office is Closed	11 Shooting Sports "Try It" Day, CMSC
12 4-H Ambassadors 2:00-3:30 PM, Ext. Office Please RSVP!	13 Dog Committee 6:30 PM, Akers	14 Horse Committee 7:00 PM, KCRC	15	16 Tabletop Committee 6:30 PM, Ext. Office	17	18 Shooting Sports Committee 9:00AM, Akers - Western Heritage Meeting 1:30 PM, Akers
19	20	21	22	23 CSU Extension Office is Closed	24 CSU Extension Office is Closed	25
26	27	28 Youth Council 7:00 PM, Akers	29	30		

Akers DOT Building located at 3275 Akers Drive, Colorado Springs, CO 80922

Questions or comments? Email us at csu4h@elpasoco.com or call 719-520-7698.

The deadline for submission to the newsletter is on the 20th of each month. Colorado State University Extension in El Paso County reserves the right to include, refuse or edit any newsletter submissions.

CSU Extension in El Paso County
 17 North Spruce Street
 Colorado Springs, CO 80905
 Phone: 719-520-7698
<http://elpasoco.colostate.edu>



Office Hours: Monday–Friday, 8:00 AM to 12:00 PM and 1:00 to 5:00 PM. *12 PM to 1:00 PM by appointment only.*

Colorado State University, U.S. Department of Agriculture and El Paso County cooperating.

Extension programs are available to all without discrimination. If you have a disability for which you seek an accommodation, please notify the CSU Extension El Paso County 4-H Office ten days prior to the event.