



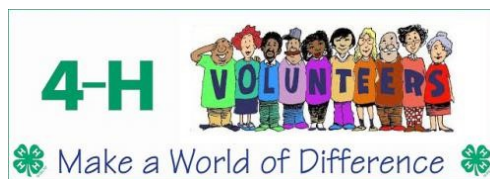
EL PASO COUNTY  
COLORADO STATE UNIVERSITY  
EXTENSION

## THE HEAD, HEART, HANDS AND HEALTH OF YOUR COMMUNITY



4-H, the nation's largest youth development and empowerment organization, cultivates confident kids who tackle the issues that matter most in their communities right now. In the United States, 4-H programs empower six million young people through the 110 Land Grant Universities and Cooperative Extension in more than 3,000 local offices serving every county and parish in the country. Outside the United States, independent, country-led 4-H organizations empower one million young people in more than 50 countries. National 4-H Council is the private sector, non-profit partner of the Cooperative Extension System and 4-H National Headquarters located at the National Institute of Food and Agriculture (NIFA) within the United States Department of Agriculture (USDA). Learn more about the El Paso County 4-H Program by visiting our website at <http://elpasoco.colostate.edu/index.htm>.

In the *Spirit* of **National 4-H Week**, we would like to thank all of our volunteers that support, manage, promote, and **Make the Best BETTER** everyday. *We can not do it without you!*



### New Online Volunteer Training!

All new and returning 4-H volunteers are required to complete a new online training starting this 4-H year. The training must be completed before a new enrollment or returning enrollment can be approved in 4HOnline. Please see the online training instructions. Returning Volunteers have until **December 21st** to submit completion proof on New Online Training modules. <https://campus.extension.org/>

**Email Certificate to:** [tawniemconley@elpasoco.com](mailto:tawniemconley@elpasoco.com)

**Instructions:** <https://elpaso.extension.colostate.edu/wp-content/uploads/sites/44/2018/10/Volunteer-Training-El-Paso-County-Instructions.pdf>

**How to Download and install Firefox in Windows:** <https://elpaso.extension.colostate.edu/wp-content/uploads/sites/44/2018/10/How-to-download-and-install-Firefox-on-Windows.pdf>

October/November 2018



### Start of the new 4-H year!

October 1<sup>st</sup> is the start of the new 4-H year! 4HOnline will open up for enrollment on **October 16th** after 12:00 PM. Enrollment fees will remain \$40.00 per child and new or returning volunteer leader's fees are \$5.00. Remember that the 4-H foundation has some funding available for families who may wish to ask for financial assistance.

- ⇒ Returning members and volunteers need to re-enroll in 4HOnline by December 21, 2018. Returning members who miss the deadline will be subject to a \$20.00 late fee and will need to submit to the Extension Office, in writing, the circumstances in which they were unable to meet the deadline.
- ⇒ 4-H Clubs need to pay for all confirmed club members/volunteers by **January 28, 2019**.
- ⇒ Animal forms are due with payments: Show Ring Ethics (all members who wish to compete with an animal project), Animal Housing (all animals), Animal Lease (leased animals only) & Wholesome Meat (market animals) must be turned in when clubs come to pay at the Extension Office by the **deadline of January 28, 2019**. You can find all forms at [elpaso.extension.colostate.edu/4-h-member-and-volunteer-resources/](http://elpaso.extension.colostate.edu/4-h-member-and-volunteer-resources/)

## Best Wishes Emily!

Dear 4-H Volunteers and Families,

I have been offered a unique employment opportunity out-of-state and have accepted that offer. I have resigned from my position as 4-H Extension Agent with CSU Extension effective 10/19/18.

4-H volunteers are the heart of the 4-H Program! I want to extend a special thank you to all the volunteers and teen leaders who have stepped-up and gone the extra mile to “Make the Best Better” in El Paso County. You can be proud of how everyone comes together for special events such as 4-H Super Saturday; offering energy and expertise to promote positive youth development and project-based learning in El Paso County.

Last month, 4-H club leaders gathered for the annual Fall Leaders’ Meeting. The concept of “Youth Sparks” was presented and discussed. A “spark” is a passion for a self-identified interest or skill, or capacity that metaphorically lights a fire in a young person’s life, providing energy, joy, purpose, and direction. 4-H programs excel at providing a rich context for youth to identify, explore, and sustain their personal interests, often resulting in the development of a young person’s sparks. Research shows youth who are empowered to develop their sparks are more likely to overcome obstacles, stay out of trouble, succeed academically, and to use their sparks to make the world a better place for all.

Throughout this coming 4-H year, I encourage you to think about how El Paso County 4-H might make a bigger impact in the community by offering quality “spark” opportunities. Please reach out to Rebecca Raven, 4-H Coordinator, if you have an idea or would like to offer a spark finding 4-H project-learning opportunity. Rebecca can help promote project-learning options to local 4-H families. During this time of transition, Trent Hollister, Volunteer Leadership Specialist with the State 4-H Office, will be helping to support the El Paso County 4-H Program, from the CSU Campus.

Best wishes and keep on providing opportunities for youth to discover their sparks!





Jump into October and download your *Inspire To Do* calendar at <https://4-h.org/inspire-kids-to-do/>

**We Want You** →

## **Youth Council!**

# **Take Your Leadership to the Next Level**

**What:** The El Paso County 4-H Youth Council is a group of 4-H members who come together to plan activities which benefit the 4-H Program county wide. These members represent 4-H members from all over El Paso County and include youth from all regular member 4-H age divisions (Jr., Int., & Sr.). Typical activities planned by the Youth Council include: community service, leadership events, day camps, and 4-H promotional opportunities.

**Where:** Transportation Environmental Complex (TEC), 3275 Akers Drive, Colorado Springs, CO 80922

**When:** The last Tuesday of every month.  
Business meetings begin at 7 p.m. unless otherwise announced.

**How:** Each 4-H Club elects two voting members to serve on the Youth Council, but everyone is encouraged to join! Non-voting members can participate in Youth Council activities and volunteer to help with planning events.



*2018 Leadership Retreat*

**Why:** To meet other like-minded Youth. To grow leadership skills, learn about 4-H leadership opportunities; learn about Regional and National events. Prepare for Leadership in your Club, Community, and World!

- Take your leadership to the next level by planning county-wide events, conferences and educational opportunities.



## 4-H Achievement Celebration

**Date:** November 17, 2018

**Time:** Starting at 1:00 PM

**Place:** First United Methodist Church  
420 N. Nevada Avenue, Colorado Springs, CO 80903

*You are invited*

Everyone is invited to a celebration of all our 4-Hers achievements for the 2017-18 program year. It will be held on November 17th at First United Methodist Church. All 4-H families are welcome to come. Cake and punch will be served following the ceremony.



## Dog Project Orientation

**Date:** Sunday, November 18, 2018

**Time:** 1:00 to 3:00 PM

**Place:** Akers DOT Building  
3275 Akers Drive, Colorado Springs, CO 80922

- 🐾 Presentations and Sign-ups    🐾 Updated Rules and Available Classes
- 🐾 Parade of Lights Drill Team Practice Information

**ALL RETURNING AND NEW DOG PROJECT MEMBERS SHOULD PLAN ON ATTENDING!**



December 21, 2018 – Re-Enrolment Deadline (Returning Members)

4-H Day @ National Western Stock Show —\* January 28, 2019

State Leadership Development Conference —\* January 26-28, 2019  
(Denver) 4-H Ages 14-18

Beef Weigh-In – \* February 2nd or 9th, 2019

Youth Fest – \* February 8-10, 2019 (Larkspur, CO) 4-H Ages 9-13

\* More information to come

## Congratulations to all the El Paso County 4-H Youth who participated at the Colorado State Fair!



Marjorie F.—  
Photography



Ben A.— Electric



**For State Fair Results visit:**

<http://co4h.colostate.edu/program-areas/>

**For 4-H Horse Show Results:**

<https://www.coloradostatefair.com/events/2018/horse-show-results-page>



Isla A.— Horse





Rebecca Raven,  
4-H Coordinator (Part-Time)

## Please welcome Rebecca Raven to the El Paso County CSU Extension 4-H Family!

Rebecca will be working with 4-H Project Committees, assisting groups with bylaws, policies and event planning, coordinating 4-H short-term special-interest offerings, helping to develop tools to support 4-H projects, and to promote 4-H activities and special events.

Rebecca's office hours are from 9 AM to 3 PM. Hours will be adjusted for meetings and events. She can be reached at [rebeccaraven@elpasoco.com](mailto:rebeccaraven@elpasoco.com) or by calling **719-520-7658**. Tawnie will still be your 1st point of contact in the office.



***Please call Rebecca if you have a 4-H project-based learning opportunity you would like to offer as a workshop or special event and/or to open your project meeting up to other clubs.***



## KIDS To DO



**Each month we will be sharing a Group Activity that will 'Inspire Kids to Do'. Please join us on this adventure!**

### **Inspire Kids To Do: Getting To Know My "i": Self-Awareness Activity**

Each person has a unique background history, and identity that makes him/her special. At the same time, each person is part of a larger community and culture. You share traditions, beliefs, customs, and ways of doing things with others. It is these similarities and differences that make the world an interesting place to live in! Today you will have a chance to think about what makes you different and unique, and what it is in your background and culture that you share with others. (Please see full activity attached.)

Please visit: <http://4h.unl.edu/web/4hcurriculum> for additional information on group activities.

*\*This activity is brought to you by, Seeing i2i Adventures in Diversity & Cultural Awareness. Nebraska Extension*



# Fall into 4-H!



Trailblazer's 4-H Club are Proud to Present their...

## 3<sup>rd</sup> Annual Charity Spooktacular "Horsesome" Halloween Event

Sunday, October 28<sup>th</sup> at Kit Carson Riding Club

Event starts at 10:00 AM, Office opens at 9:00 AM

**\$15.00 Individual Riders    \$25 for the Entire Family**

### Events will include:

Costume Contest and Parade

Trailer "N" Treat

Zombie Spearing

Apple Bobbing

Pumpkin Barrel Race

And much more!



Concessions will be available featuring: *Trailblazer's Walking Dead Tacos, Werewolf Dogs, Animal Treats, and Sweets*

All proceeds will be going to our  
wonderful donkey friends at  
**Saving the Wild American Burrows (SWAB)**



# October 2018





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>START OF NEW 4-H YEAR!</b>	2	3 <b>National 4-H Youth Science Day</b>	4	5	6
7  National 4-H Week	8 Dog Committee 6:30 PM, Akers 7th-14th)	9 <b>4-H National Spirit Day—Wear the Clover</b> 	10	11 Livestock Committee 7:00 PM, Akers	12	13
14	15	16 4-H Online Open Enrollment starts at 12:00 PM	17	18	19	20
21	22	23 Horse Committee 7:00 PM, KCRC	24	25 Small Animal Committee 6:30 PM, Akers	26	27 Shooting Sports Committee 9:00 AM, Akers
28 Spooktacular "Horsesome" Halloween Event 10:00 AM, KCRC	29	30 Youth Council 7:00 PM, Akers	31 			



# November 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8 Livestock Committee 7:00 PM, Akers	9	10
11	12  <b>Remember Our VETERANS</b> CSU Extension Office is Closed	13	14	15	16	17 Shooting Sports Committee 9:00 AM, Akers  2018 Achievement Awards 1:00 PM, First United Methodist Church
18 Dog Project Orientation 1:00 -3:00 PM, Akers Dog Committee Meeting to Follow	19	20 Horse Committee 7:00 PM, KCRC	21	22  CSU Extension Office is Closed	23 CSU Extension Office is Closed	24
25	26	27 Youth Council 7:00 PM, Akers	28	29 Small Animal Committee 6:30 PM, Akers	30	

**Akers Building**, 3275 Akers Drive, Colorado Springs, CO 80922

**KCRC**, Take Woodmen to Black Forest Rd., go North on Black Forest Rd. Located about one mile North of Woodmen on the west side of the road off of Cowpoke Rd.

**First United Methodist Church**, 420 N. Nevada Avenue, Colorado Springs, CO 80903

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Questions or comments regarding 4-H? Email us at [csu4h@elpasoco.com](mailto:csu4h@elpasoco.com) or call 719-520-7698.

The deadline for submission to the newsletter is on the 20th of the month for inclusion in the bi-monthly 4-H newsletter (*November 20th, January 20th, March 20th, and May 20th*). Colorado State University Extension in El Paso County reserves the right to include, refuse, or edit any newsletter submissions.

**Colorado State University Extension in El Paso County**

17 North Spruce Street

Colorado Springs, CO 80905

Phone: 719-520-7690

<http://elpasoco.colostate.edu>



**Office Hours:** Monday—Friday, 8:00 AM to 12:00 PM and 1:00 to 5:00 PM.  
*12:00 to 1:00 PM by appointment only.*



Colorado State University, U.S. Department of Agriculture and El Paso County cooperating.

Extension programs are available to all without discrimination. If you have a disability for which you seek an accommodation, please notify the Colorado State University Extension, El Paso County 4-H Office ten days prior to the event.