

Happy Friday 4-H Families,

Please see the announcements below. Email blasts can also be found on the [4- H Calendar and Updates](#) page on the El Paso County, CSU Extension Website. Scroll down and find them by date.

## Announcements

### June 1, 2020: Meat Quality Assurance (MQA) Certification Deadline

All resources to complete MQA Certification online can be found [here](#).

### May 1 Deadlines:

#### Project Add/Drop Deadline:

Please be sure that your 4-Hers are enrolled in the correct projects and project units! **Members can only enroll in the fair classes that correspond to the projects and units they are registered for in 4HOnline. Changes to projects or project units will NOT be made at the time of fair registration.**

#### Animal ID Deadline:

All members in the Cat, Dog, Horse, Large Breeding Livestock must complete Animal ID's in 4HOnline. Please see the attached 4HOnline Animal ID Instructions for additional guidelines.

#### Required Animal Forms

All 4-Hers enrolled in an animal projects must submit the Show Ring Ethics and Animal Care and Housing forms to the CSU Extension office by **May 1** to be eligible to participate in the El Paso County Fair. Please see the attached "Members Missing Animal Forms" to confirm that your members are not on that list.

[Click here for the Show Ring Ethics Form](#)

[Click here the Animal Care and Housing form](#)

**Forms MUST be signed by both 4Hers and parents to be considered complete.** Download the form and open in Adobe if you wish to sign them electronically. Please send all forms to [Karla.Wiesner@colostate.edu](mailto:Karla.Wiesner@colostate.edu).

### **Don't forget: Project Leader's Meeting**

Topic: 4-H Project Leaders Meeting

Time: Apr 20, 2020 06:30 pm

Join Zoom Meeting: <https://zoom.us/j/765211592>

Meeting ID: 765 211 592

Dial by your location:

+1 346 248 7799 US (Houston)

+1 312 626 6799 US (Chicago)

## El Paso County 4-H Mask Making Competition



The governor has asked our entire community to wear a mask when we go out to keep everyone safe. Let's make a statement that we are doing our part. In true 4-H fashion lets have fun and learn by doing!

We have created a contest for every 4-Her in El Paso County to help you have fun while making something necessary. You do not have to know how to use a sewing machine or needle and thread, you do not need a stockpile of fabric, all you need is your imagination. **Rules and details to be announced 4/24.**

## PET-PALOOZA- Virtual Cat and Dog Show

The Pet Palooza Virtual Cat and Dog Show is being hosted by District VI 4-H Senate and is open to ALL Colorado 4-Hers. Please see the attached flyer for registration details and deadlines!

## Virtual 4-H Livestock Workshop series

Adams County 4-H is hosting a Virtual 4-H Livestock Workshop series open to ALL Colorado 4-Hers. This series will be 3 weeks long and presenters will discuss the following topics:

- Grooming/Fitting & Handling
- Nutrition

Please see the attached flyer for additional information.

## Colorado State University 4-H Online Virtual Resources:

Please follow the link below for online 4-H resources that the CSU Extension State office has put together for Colorado 4-Hers

- <http://co4h.colostate.edu/program-areas/colorado-4-h-online-virtual-engagement-resources/>

## 4/30 CSU Virtual Discussion: Adverse Childhood Experiences during COVID-19

Colorado State University's Prevention Research Center will be hosting a thought-provoking virtual discussion about adverse childhood experiences (ACES) during the COVID-19 pandemic. As children around the country are sheltering-in-place, some are exposed to potentially traumatic events. These events can undermine children's sense of safety, stability, and bonding with caregivers. Dr. Nathaniel Riggs, director of the CSU Prevention Research Center, will moderate a 45-minute discussion on ACES

during the COVID-19 pandemic with Dr. Sharon A. Hoover, a licensed clinical psychologist and associate professor at the University of Maryland School of Medicine. If you are interested in participating in or listening in on this discussion at no cost, please register using the link below.

<https://my.demio.com/ref/HFQqKWgMLtfN0FJb>

## How to support your child's learning, engagement during COVID-19 outbreak

This article was written by Melissa George, Sabrina Duey and Caitlin Bourne of Colorado State University's Prevention Research Center in the Department of Human Development and Family Studies.

[https://chhs.source.colostate.edu/how-to-support-your-childs-learning-keep-them-engaged-during-covid-19-outbreak/?utm\\_source=newsletter&utm\\_medium=Email&utm\\_campaign=t0416-20](https://chhs.source.colostate.edu/how-to-support-your-childs-learning-keep-them-engaged-during-covid-19-outbreak/?utm_source=newsletter&utm_medium=Email&utm_campaign=t0416-20)

## Scholarship & Award Deadlines

- **4/30** Horse Advisory Committee Scholarship

Applications for the above scholarships can be found on the El Paso County [4-H Member Resources page](#), under the Scholarships tab.

Have a great weekend,

Karla Wiesner  
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