Happy Friday 4-H Families!

Please see the announcements below for events happening in the next week. Email blasts can be found on the [4-H Newsletter & Updates](https://elpaso.extension.colostate.edu/4-h-news/)page on the El Paso County, CSU Extension Website. Scroll down and find them by date.

**Topics Covered this Week:**

* **8/19 Pickup State Fair Passes**
* **Non-4-H Events Happening in Extension**

**Announcements/Reminders**

**State Fair Discounted Passes – Now available for pickup**

* **If you have not yet paid for passes please bring check or cash(exact change only) to pay for your passes**
* **Due to Covid restrictions, please email****Jessica****to schedule a time to pick up ordered passes**

**Other upcoming events happening at the Extension Office**

* **Colorado State University Extension, El Paso County Food Preservation Classes:**

Register at [www.EPCExtension.eventbrite.com](https://nam10.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.epcextension.eventbrite.com%2F&data=04%7C01%7CJessica.Greene%40colostate.edu%7Cf0c0673499ad41be0f8c08d9634d3b06%7Cafb58802ff7a4bb1ab21367ff2ecfc8b%7C0%7C0%7C637650005615424843%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=9xVO4pWkhcBBS748puHhYg0hQ5r3y24w%2FaT%2F6oAVci0%3D&reserved=0)  Pre-registration is required.  Classes are $10 each

* + August 25 at noon   Intro to Water Bath Canning - online class
	+ September 2 at 10 am  Pickling - online class
* **Colorado State University Extension, El Paso County Dining With Diabetes Series:**
* Register at [www.EPCExtension.eventbrite.com](https://nam10.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.epcextension.eventbrite.com%2F&data=04%7C01%7CJessica.Greene%40colostate.edu%7Cf0c0673499ad41be0f8c08d9634d3b06%7Cafb58802ff7a4bb1ab21367ff2ecfc8b%7C0%7C0%7C637650005615424843%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=9xVO4pWkhcBBS748puHhYg0hQ5r3y24w%2FaT%2F6oAVci0%3D&reserved=0)  Pre-registration is required by August 25.  The 4-part series costs $50
	+ Fridays August 27 - September 17 at 10:30-12:30 - Four in-person classes that will include learning about dining with diabetes, cooking demonstrations (with samples), physical activity and how to prepare healthy foods.

Have a wonderful weekend,

Emily & Charity