

December 2022



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Extension Office Spotlight

We would love to welcome and introduce Kimber Reese to our office! We are excited to have her join our team and look forward to all she brings to the program!

NAME: My name is Kimberley Reese, however I use the preferred nickname "Kimber." My pronouns include the She/Her and They/Them series'.

TITLE: Administrative Assistant at the CSU Extension – El Paso County office in Colorado Springs.

PERSONAL INFORMATION: I enjoy being outdoors and wish I had more time to myself to do so. My hobbies (not expertise, just hobbies) are archery, heavy bag boxing, camping, board games, card games, and spending as much time with my favorite people as possible. Those people include my sons, my granddaughters, my husband, and my grandpuppy! Yes, in that order...LOL!

JOB EXPERIENCE: Before joining my team at CSU Extension in Colorado Springs, I was the Administrative Assistant with the Office of Campus Activities in downtown Colorado Springs. My background is in Legal Assisting and Administrative support with extensive customer care experience, and I am a proud Veteran of the United States Air Force/Space Command.

EDUCATION: I have obtained my Associate of Applied Sciences in Legal Assistant/Paralegal studies and my Bachelor of Arts and Sciences in General Christian Ministry. I am but a few short courses away from completing my Master's







Club Officer Check-Ins

We want to make sure our club officers have the tools they need to be successful in their roles. Our team is hosting sessions to review Officer Book and support officers in organizing their books. In addition, there will be an opportunity to network with other Treasurers/Secretaries, ask questions, and get real time feedback on their Officer Books. Don't miss this great opportunity! Sign Up Here Today!

Secretary Check-In: January 19, 2023 from 4:30 to 6PM, at the Extension Office

Colorado 4-H Leadership Development Conference

A conference for Senior 4-H Members

January 28-30, 2023

Opportunities include workshops, capital tour, meeting with State Legislators, enhance leadership skills, connect with other 4-H members from across the state, and more!

Registration through 4HOnline coming soon...stay tuned for more details!

Colorado 4-H YouthFest

A conference for Intermediate 4-H Members

March 24-26, 2023

Opportunities include workshops, fun events, enhance leadership skills, connect with other 4-H members from across the state, and more!

Registration through 4HOnline coming soon... stay tuned for more details!

Jonathan Marr 4-H Memorial Scholarship

A \$500.00 scholarship will be awarded annually to a 4-H Member who has been enrolled in Shooting Sports for a minimum of four years. This scholarship is intended to assist individuals entering a postsecondary vocational or technical field, such as welding, carpentry, mechanics, etc

Find more details here



Band APP Communications-

Horse, Livestock, & Small Animal

We are excited to jump into the 2022-2023 4-H Year in El Paso County! To help with delivering clear communications, provide an updated event calendar, and send out reminders of county wide programming; I have created an app for three project areas which include Horse, Livestock, and Small Animal. Please follow the instructions below to join! The communication tool can be used on a desktop app and/or app on your phone. We are inviting 4-H youth, 4-H family members, and 4-H volunteers to join!

You won't want to miss this.!

EPC Livestock Projects

https://band.us/n/acaf79qek5u8s



EPC Horse & Miniature Horse Projects

https://band.us/n/a6ab71qfkcZ8z



EPC Small Animal Projects

https://band.us/n/afaf7dq8kaxeb



Youth County Council

El Paso County Youth Council is a busy group! While our events are advertised in the newsletter, the BAND APP is a great way for us to connect, get clarification, and stay updated. Please join our YCC Band group here

(the Band app can be utilized on both mobile or desktop devices)





Trail Blazers 4-H Presents...

Ugly Sweater Holiday Dance!

December 9 th 7:30- 10:00 pm @ Kit Carson Riding Club \$5 per person \$10 for a family

Dance to music played by our DJ Chuck!!



Bring warm socks for Country Style's Sock drive

County Contest—Save the Date

What is County Contest?

A one-day event with opportunities to *qualify* for State Conference, State Fair, and National Western Stock Show contests, all while improving your public speaking, interview, and showmanship skills! Activities, Contests, and Events. Every club should have youth member representation at this event.

What Contests are Offered:

- Impromptu Speeches are great for gaining skills with those unexpected questions from judges.
- <u>Interpretive Readings</u> a contest with a set reading/book/poem, etc. This is perfect for the experience of sharing written work with judges.
- <u>Demos/Illustrated Talks</u> is ideal for those 4-H members who are ready to share knowledge, a skill or technique they've learned in their projects.
- Prepared Speeches are ideal for those wanting to gain formal speech skills)
- Interview Skills are an overall great practice for each 4-H members

Who Can Attend?

All El Paso County 4-H Members in any project area and any 4-H age division!

When & Where?

April 22, 2023 at the El Paso County Extension Office (the official time will be announced shortly)

Registration Details?

Details on how to register for the event will be in upcoming newsletters!

What if a member wants to participate but not compete?

Workshops will be offered and are ideal for those wanting to learn more with hands on experiences.



Calhan Parade of Lights (Mini Horse)

All members of the miniature horse project are welcome to come and participate in the parade, with or without their mini. We will need "walkers" to carry the banner and hand out 4-H/CSU swag. Please arrive at the fairgrounds by 5pm. Check the Band app for more information.



Mastery 1 Safety Test (Mini Equine)

Mastery 1 safety testing and ground driving clinic for miniature horses. Mastery 1 Safety test must be completed before mini horses can attend ground driving clinic. Ground driving clinic will be taught by Assistant Superintendent Kelley Harding. Please bring harness or surcingle with driving reins, driving whip, and bridle with blinders. All miniature horse members are welcome to audit clinic if horse has not passed Mastery 1 safety test. Check Band App for more info.

Date: January 14, 2023 at 10:00 AM

Location: 18470 Lost Ranger Rd, Peyton CO 80831

4-H Horseback Clinic 101

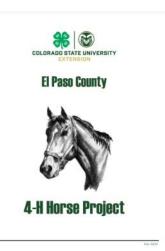
Rescheduled from November to December 11, 2022

Come join us on Sunday December 11, 2022 at 9:00 AM at Latigo Equestrian Center to cover topics from proper warm up/cool down in the different seasons, arena etiquette, and then have free time for an open ride. 4-H members will be participating in this clinic on horseback.

4-H El Paso 4-H Horse Project Manual

We have updated the 4-H El Paso County 4-H Horse Project Manual for the 4-H members and families for the 2022-2023 4-H Year. Please take the time to read it and become familiar with the expectations and opportunities available in the horse and miniature equine program. The document will be available on the band app and website. I have attached the link below:

https://elpaso.extension.colostate.edu/wp-content/uploads/sites/44/2022/11/2022-23-El-Paso-County-Horse-Project-Manual.pdf



Horse Judging Practices Begin

Did you know that a study in Indiana found that 93% of 4-H judging team participants went on to attend college? In addition, 58% of those receiving a Bachelor's degree and 30% of those going on to earn a Master's degree. Now that I have your attention, it is time to start thinking about joining the El Paso County Horse Judging Team!

The Horse Judging Team will start practicing Thursday January 12th at 6:30 pm! Practices will be every Thursday evening from 6:30-8:30. They will be held at Household Hazardous Waste Facility at 3255 Akers. Park and enter through the backside of the building (North side). Mercedes Glenn and I (Jonathan Vrabec) will be coaching the team. We have had the privilege to coach and work with several State and World/National Champion Horse Judging Teams over the past 25 years of coaching horse judging teams in addition to being judges ourselves. Members of all ages and project areas are welcome to attend. We currently have 6 returning members. Contests start in the spring. There is a novice division for young first year participants! If you want more information or are not able to attend practice sessions, please contact Jonathan at jonathanvrabec@elpasoco.com. Judging Teams are a great way to make friends, have fun and build important life skills while learning about horses! We look forward to seeing you on the 12th!

4-H LIVESTOCK CHECKLIST

Enroll in 4-H Online and join Livestock Band App (December 15)
Turn in 4-H Enrollment Fees + Animal Housing Form to club leader by December
Producer Nomination due January 31st (Dam nomination/top half) email to Emily Tobler
Register for market animal tag-in event via newsletter
May 1- Animal ID for Breeding Livestock, Pygmy, & Dairy Goat in 4HOnline due Producer Nomination emailed to Emily Tobler due (Offspring nomination/bottom half) Last day to drop or add projects in 4HOnline
Register for fair through FairEntry.com (May 30-June 9, 2023)
Pay for fair through Eventbrite after entries have been approved (July 15, 2023 last day)
Purchase parent passes, camping, and discounted additional 4-H passes through fairgrounds (May 30-June 9, 2023)
Fair Clean Up Day + Pickup Passes (June 24, 2023)
Sign up for health certificates via newsletter (July 1, 2023)
Set up stalls and tack at fairgrounds (July 12, 13, or 14, 2023)
Load in animals for county fair (July)
Turn in record book(s) to club leader (August)
Attend year end banquet (Achievement Awards) in October

Note that all deadlines have detailed information in the newsletter

Livestock Pg. 11

Beef Tag In- Save the Date

Date: February 18, 2023

Location: Owens Livestock Arena at El Paso County Fair Grounds

Back-Up Date: This date will only be used if communicated by the extension office and species superintendent due to weather. Please make sure to have both dates clear on your calendar. There are no alternate dates for tag in due to the number of volunteers it takes to run this event. February 25, 2023.

Required Sign Up (Time Slots): Time slots will be assigned this year so please fill out the **google survey link in the upcoming January Newsletter** to be assigned to a time slot. This form MUST be filled out and submitted by January 27 to participate in beef tag in.

Expectations:

- Please be on time or early! If you show up late or past your time slot you will have to be moved to the back of the line. We believe in giving priority to those scheduled in their time slot so we will not allow families who are late or miss their time slot to cut in front of others.
- If our team is running behind, please be patient as we are working with live animals and technology.
- You must bring your animal with a halter already on before it will be unloaded, or it will not be tagged, retinal scanned, or weighed.
- Any uncontrollable animals will NOT be tagged, retinal scanned, or weighed! This is at the discretion of the extension agent and species superintendent. The idea is to work with them ahead of time!
- Please have your calves brand inspected prior to coming to tag-in. Do not forget to bring your brand inspection papers.
- Tag-in is the only time State Fair Nominations will be taken and it will cost \$3 per animal nominated
- Retinal scans at tag-in are \$3.00 per animal due at tag in.
- The first 6 ear tags free, \$1.00 per tag over six.
- Only CASH accepted.
- Fees are due before the animal can cross the scale and be tagged in.

ALL ANIMALS MUST BE CASTRATED PRIOR TO BEING WEIGHED AND TAGGED AS A 4-H MARKET PROJECT. CASTRATION MUST BE DONE PRIOR TO ARRIVING AT THE FAIRGROUNDS (NOT THE DAY OF TAG-IN) AND HEALED AS MUCH AS POSSIBLE. ALL MUST BE DEHORNED.

State Fair Nomination Cards and Premise ID's: Remember all 4-H and FFA exhibitors must have their premise ID# on their nomination cards to be accepted for State Fair. This is a State Fair Policy NOT a requirement to participate in the local 4-H program. This information should be completed on nomination card at the time of tag-in. You will need to apply for your premise ID number well in advance of tag-in, so they have time to assign you one. Please do so 3-4 weeks before you need it. Please call 303-869 - 9000 to get your ID or apply online at https://ag.colorado.gov/animals/colorado-location-identification-lid-registration-premises



Utility Goat Project



Tentative Schedule (Watch the Newsletter and Band App for updates!)

December:

Meet and Greet for families wishing to lease a goat.

January-March:

Indoor Meetings, activities and guest speaker.

April-August:

Monthly hikes and community service on the

August/September:

Fair demo and overnight camping trip.

What is Utility Goat?

 Utility Goat simply means working goat. This includes both packing and harness.

What kind of goat do I need?

- · Use the goat you have! Any goat can be a working goat.
- If you don't have a goat large dairy breed wethers are ideal.
 Alpine and Lamancha are the most popular.
- Lease a goat! Several seasoned goats are available for lease.

What Gear Do I Need?

- · Collar and/or halter with lead
- · Pack saddle and panniers

What Activities Will We Do?

- · Caring for and training your goat.
- · Logging miles on the trail for a year end award
- · Community Service with the Pike's Peak Ranger District
- Fair demo 1st year
- Overnight Campout!

Fun For The Whole Family!

For Questions Please Contact!
Project Leader: Madison Robertson
Phone: 720-560-1341
Email: qhlover46@hotmail.com



Shooting Sports

Shooting Sports Practices

4-H members enrolled in shooting sports may sign up and attend practices <u>AFTER</u> attending an SQA for the current 4-H year (members who have been enrolled for more than 2 years may serve as a presenter at SQA to meet this requirement).

- 12/3/22 Hanover Range (Pistol & Rifle) SIGN UP HERE **dependent on weather and temperature
- 12/11/22 Archery SIGN UP HERE
- 12/15/22 Pistol SIGN UP HERE

Sessions are limited in space so it is encouraged for you to sign up early, but please release your sign up if you are no longer able to attend.

Jonathan Marr 4-H Memorial Scholarship

A \$500.00 scholarship will be awarded annually to a 4-H Member who has been enrolled in Shooting Sports for a minimum of four years. This scholarship is intended to assist individuals entering a postsecondary vocational or technical field, such as welding, carpentry, mechanics, etc

Find more details here

Additional Date for SQA

Each member enrolled in a shooting sports project must annually take the "Shooter Quality Assurance" class, which reviews safety practices, range processes, and more. This is an interactive class, that will be held at the CPW (Colorado Parks & Wildlife) for 2 sessions, one morning, and one afternoon, on <u>Saturday, January 21, 2023</u> (SIGN UP INFO BELOW)

*NOTE: We are inviting 12 Seniors with at least 2 years of SQA attendance to sign up as presenters for the Skill-a-Thon. Being a presenter will fulfill your SQA requirement. Please arrive 1 hour early for check in. To be a youth presenter and gain credit for your SQA, you must be a Senior 4-H member and enrolled in a shooting sports project for at least 2 years. Youth presenters will run a skill a thon station in teams and all information will be provided beforehand.

Morning Session Registration COMING SOON (9 – 11AM)

Afternoon Session Registration COMING SOON (1 – 3PM)

- Please select either participant or youth presenter on the sign up session
- Youth participants, please arrive 10-20 minutes early for SQA check in.
- Please limit attendance to 4-H member(s) and one parent or guardian.

In addition, there is an annual \$20 shooting sports project fee covers usable materials for the year (i.e. targets, safety glasses, ear plugs, etc.) This \$20 Shooting Sports project fee for the 2022-2023 can be **paid by cash or check at this event**. If you need to <u>pay by card, you may pay using this link (processing fee will apply)</u>

County & State Shooting Eligibility

If El Paso County 4-H youth want to be eligible to compete in any county or state competition they must:

- Attend SQA for the current 4-H year
- Pay the \$20 project fee (this payment can be made at SQA)
- Upload their hunter education card information during the 4-HOnline enrollment process
 - ⇒ This is important to upload during enrollment as it CANNOT be added to the 4-Honline profile later in the year
- Attend 2 county practices

Small Animal Pg. 14



SATURDAY FEBRUARY 25, 2023

9:00 AM-12:00 PM El Paso County Fairgounds- Whittemore

Pre-register:

https://forms.gle/bKE6fxgaLKSKB2Sg8



Education

There will be different learning stations with an educational component that are essential to the project area. It is also a great time to learn about other projects offered in the county!



Make-N-Jake

The youth will be able to have a hands on experience at each station to create something relevant to the project area



Social activities

This is a great time to meet other youth enrolled in or interested in the small animal project areas! Get to know your peers before the start of fair!





POCKET PETS

Do you have a small pet at home? Come learn about the Pocket Pet Project at one of our monthly meetings!

PET CLASSES:

- ✓ Reptiles
- ✓ Small Mammals
- ✓ Invertebrates
- ✓ Amphibians
- ✓ Aquatics
- ✓ Rescued
- ✓ Avian





- Danielle Dungan
- danielledunganeyahoo.com
- Cassandra Rodriguez
- Itlbear56@gmail.com

We Want You! Come Join Our Committee!

Are you the kind of person who likes helping youth thrive? Maybe you'd like to know more about helping support our youth in general, art, communication, mechanical science, natural resource, or family consumer science projects? If this describes you, please come share your ideas and voice at the Tabletop Advisory Committee Meetings. We meet the third Thursday of each month at the Extension Office (north community room). Please email Charity for more information if you are interested at Charity.Cagle@colostate.edu

2023 County Fair Exhibit Guide Requesting Member Feedback

We're requesting your feedback and input for the 2023 Fair Exhibit Guide! It's almost time to publish the County Fair Exhibitor Guide for EPC 4-H Members exhibiting in any non-animal project area. Review the 2022 guide HERE and submit any feed back to Charity by email no later than January 4th



Community Service

Each year Colorado 4-H collectively combines efforts to support the Ronald McDonald House Charities around Colorado by collecting Pop Taps!

The sweetest way to support the Ronald McDonald House Charities

It takes approximately 1,128 pop tabs to equal one pound & the organization typically receives between \$0.40 to \$0.50 per pound of pop tabs. The tabs can come from energy drinks, soup cans, or anything with a metallic tab

The Ronald McDonald House exists to serve families who are experiencing medical treatments. They offer a safe shelter along with many home amenities to help provide a place to rest and recharge as they face current medical challenges

- Beginning in November, each club will have a collection box, at the Extension Office, for pop tabs
- Collecting now through January 17 (youth council January meeting date)
- Drop off can occur at any 4-H event held at the Extension Office, or during Youth Council or Tabletop Advisory Committee
 Meetings
- After the January meeting, each club's pop tab box will be weighed & the winning club will be announced
- Each Club in El Paso County is eligible to participate.



2022-2023 Youth County Council Meeting Dates

Third Tuesday of the Month at the Extension Office (north community room - 1st floor)

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January 17<sup>th</sup>

February 21th ****Tentative DATE***

March 21<sup>st</sup>

April 18<sup>th</sup>

May 16<sup>th</sup>

June 19 – 23 – STATE 4-H Conference in Fort Collins
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Any timely changes to the schedule will be announced via the BAND app (see QR code above to join)

Youth County Council Senators are highly encouraged to attend State Conference

"Try It Tuesdays" - Classes, Project Workshops & Learning Adventures

At the last Youth Council meeting, several youth asked for help with project leaders. In an effort to help meet that request, we're implementing "Try It Tuesdays" with workshops and classes that will be held BEFORE the Youth Council Meeting on the 3rd Tuesday of the month.

If you have ideas for classes you'd like to see, or if you're a project leader and you'd like to open a session up, please email Charity.

Listed below are the classes and workshops already scheduled for the year:

January 17 – Water Bath Canning (12 spaces available) – are you interested in learning abou the Foods preservation project? Or maybe you'd just like to learn how to simply can and preserve items with out a pressure cooker. Come join this hands on workshop! *Sign up on Band

March 21 – "Permission to Speak Badly" speech workshops – Have you ever said to many "ums" during a presentation? Fumbled over words? Come join us for some silly fun as we practice speaking skills that will help prepare 4-H members for many different types of speech and also help prepare those that want to compete at County Contest or State.

*Sign up on Band

BAND APP- Youth County Council

El Paso County Youth Council is a busy group! While our events are advertised in the newsletter, the BAND APP is a great way for us to connect, get clarification, and stay updated. Please join our YCC Band group here (the Band app can be utilized on both mobile or desktop devices)





CSU Spur 2nd Saturdays

The SPUR Learning Center in Denver hosts free family fun activities!

Some of what you can expect during 2nd Saturdays at SPUR:

- Playtime in the Kid's Mock Vet Clinic and Kid's Kitchen.
- Watch veterinarians perform surgeries on dogs and cats in the Dumb Friends League Veterinary Hospital CSU Spur is the only location in the world where the public can see companion animals in surgery and ask questions directly to the vet team.
- Try out virtual reality.
- Get your hands dirty with digging activities while checking out the rooftop greenhouses and green roof.
- See the horses who live on-site at CSU Spur assisting with therapy for humans through the Temple Grandin Equine Center.
- CSU Spur has educational exhibits, as well as art installations to enjoy during a visit.
- Local food trucks for those interested in buying lunch during their visit.

Check them out here.







COUNTRY HOLIDAY FAIR

SAT. DECEMBER 10, 2022 2PM - 7PM

Foy drive with Eastern Plains Community Pantry

BRING UNWRAPPED GIFTS FOR CHILDREN 13 AND UNDER

Admission Free

Meet Santa Gift Shopping Food Trucks Kids Crafts Music

Holiday Cocktails

HELD IN PARTNERSHIP WITH

Calhan Christmas Parade of Lights

Other EPC Extension Office Opportunities

What: Whole Grain Bread Class

When: December 12, 2022 at 3:00 P.M.

Register: https://www.eventbrite.com/e/whole-grain-bread-workshop-tickets-432986102087

