



March | 2023



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Club Leader Spotlight

Casey Rubin

Show Squad

- 4-H Volunteer Years: 4 years
- Favorite Color: Turquoise
- Favorite Candy or Sweet Treat: Milk Duds
- Hobbies: Spending time with family and friends, watching baseball and watching her boys show.



Kristen Burnside

Show Squad

- 4-H Volunteer Years: 2 years
- Favorite Color: Turquoise
- Favorite Candy or Sweet Treat: Dove Chocolate
- Hobbies: Working with animals, gardening, sporting events, vacationing and spending time with family



Connie Crippen

Show Squad

- 4-H Volunteer Years: 1 year
- Favorite Color: Lime Green
- Favorite Candy or Sweet Treat: Dark Chocolate



Acknowledgement: We would like to thank this outstanding group of volunteers for the time they have invested into starting a new club in our county! They have hit the ground running and we are excited to see another club up and running in the eastern part of the county! Thank you for all you do for the 4-H program!

St. Patrick's Day Parade



CALLING ALL 4-H Families!!!
It's that time of the year again!!!!
We have been invited to
be a part of the Colorado Springs
St. Patrick's Day Parade
Saturday March 11th

The County Council is designing and organizing the float. Remember the float is for ALL the Cloverbuds in the county to ride on as the parade does not allow them to walk. If your club and members plan to participate, please let Jonathan know by emailing him at jonathan.Vrabec@colostat.edu so we can ensure you stay in the communications loop.

St Patrick's Day Parade 2023

Downtown Colorado Springs
 Approx 11:30am-2:30pm

All project areas open to participate. We will have the Mini Horses as the lead then the float with the cloverbuds, followed by all other 4-Hers promoting their projects or club banners: Animal: Fowl & Rabbit projects members will pull your chickens/rabbits in a wagon: Tabletop- dress up to represent your project or in the holiday spirit be creative, and the end will be the llama/alpaca/goats etc. projects






Animal Demonstrations for Annual Easter Egg Hunt

Are you in the Poultry, Rabbit, Goat, Miniature Horse or Pocket Pet project? Would you like to have the chance to educate the public and other 4-H members about your animal? Sign up for an animal demonstration at the Friendly Critter Corner at the Easter Egg Hunt Saturday March 25, 2023. This is a fun event where you have a chance to talk about your project and animal. Members can volunteer for shifts starting with a 1 hour minimum from 10:00 AM until 1:00 PM. Please email Randi Hudson to set up a time. For event details please see flyer in the newsletter.

Randi Hudson

Randaleehudson@yahoo.com



EL PASO COUNTY 4-H HORSE ADVISORY

Annual Easter Egg Hunt



Look for hidden eggs and interact with our
Friendly Critter Corner!

MARCH 25, 2023 • SATURDAY • 10 AM - 1 PM
KIT CARSON RIDING CLUB

Come and join us for our annual Easter Egg Hunt! We offer a variety of courses :

- On foot- Open to all ages of youth in the community
- Horseback- Must be an enrolled member of the 4-H horse project
- Mini Horse- Must be an enrolled member of the 4-H Mini Horse Project
- Goat (pygmy, utility, and dairy)- Must be an enrolled member of the 4-H Mini Horse Project

To participate in the Easter Egg Hunt Courses you must
pre-register and submit payment by March 22, 2023

[Payment Link](#)



COLORADO STATE UNIVERSITY
EXTENSION

EL PASO COUNTY 4-H

Spring Fling

Presented by Trailblazers 4-H.

WHEN

Friday March 24, 2023

6:30 pm-7:30 pm Line Dance Lesson

7:30pm-10:00pm Dance

WHERE

Kit Carson Riding Club

6775 Cowpoke Rd

Black Forest, Colorado 80908

Come ready to learn some line dances!!!

Bring your friends for some toe tappin' fun!

ALL AGES EVENT

Admission:

\$5 for individual

**\$10 for family, friends
included**



Leadership Development Conference (LDC)

Picture Highlights



Building Resiliency in Youth: Free Classes for 4-H Parents & Volunteers

I would like to offer 4-H parents and volunteers a series of free classes that will give you the knowledge and tools to build resiliency in your home with your family, and with the youth you work with in the 4-H program. I am partnering with the Lyda Hill Institute for Human Resilience for Community Training and Empowerment (UCCS) that will be teaching the series of classes. These courses are structured to help with your family relationships and dynamic in your home or in the 4-H program. They are 45 minute courses with 15 minutes for questions and answers. All presenters are licensed family therapists and specialize in these topics.

Monday April 3, 2023 at 7:00 PM- Teaching Youth Mindfulness

- [Zoom Link](#)

Monday May 1, 2023 at 7:00 PM– Building Resiliency in Youth

- [Zoom Link](#)



Band APP Communications- Horse, Livestock, & Small Animal

We are excited to jump into the 2022-2023 4-H Year in El Paso County! To help with delivering clear communications, provide an updated event calendar, and send out reminders of county wide programming; I have created an app for three project areas which include Horse, Livestock, and Small Animal. Please follow the instructions below to join! The communication tool can be used on a desktop app and/or app on your phone. We are inviting 4-H youth, 4-H family members, and 4-H volunteers to join!

You won't want to miss this!

EPC Livestock Projects

<https://band.us/n/acaf79gek5u8s>



EPC Horse & Miniature Horse Projects

<https://band.us/n/a6ab71qfkcZ8z>



EPC Small Animal Projects

<https://band.us/n/afaf7dq8kaxeb>



Youth County Council

El Paso County Youth Council is a busy group! While our events are advertised in the newsletter, the BAND APP is a great way for us to connect, get clarification, and stay updated. Please join our YCC Band group here *(the Band app can be utilized on both mobile or desktop devices)*



County Contest– Save the Date

What is County Contest?

A one-day event with opportunities to **qualify** for State Conference, State Fair, and National Western Stock Show contests, all while improving your public speaking, interview, and showmanship skills! Activities, Contests, and Events. Every club should have youth member representation at this event.



Website Link for Specific Contest Information

What Contests are Offered:

- Speech and Demo
- [Bakelogy](#) (6 classes)
- [Performing Arts](#) (5 classes)

Who Can Attend?

All El Paso County 4-H Members in any project area and any 4-H age division!

When & Where?

April 22, 2023 at the El Paso County Extension Office (the official time will be announced shortly)

Registration Details

Registration will be open from March 20-March 31, 2023. Please use the link below to register for County Contest. After the registration has been reviewed and approved you will receive an email with the Eventbrite Link to make payment. There will be no refunds for this event.

Registration Link:

<http://www.fairentry.com/Fair/SignIn/18377>

County Fair Schedule & Animal Premium Books

The 2023 El Paso County Fair Schedule and Animal Premium Books has been posted to the website so you can now access them. They will also be posted to the Band App as well!

[2023 County Fair Schedule](#)

[2023 Dog Premium Book](#)

[2023 Horse Premium Book](#)

[2023 Livestock Premium Book](#)

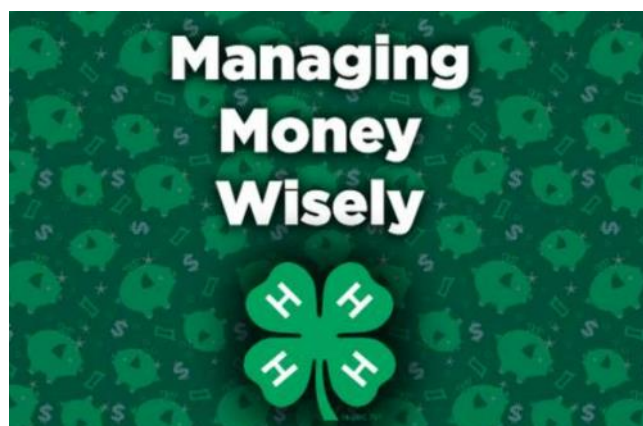
[2023 Miniature Horse Premium Book](#)

[2023 Small Animal Premium Book](#)



Officer Record Book Check-In (Treasurer's)

On **April 22, 2023 at 9:00 AM (before County Contest)** we are offering an Officer Record Book Check-In for youth who hold a Treasurer position in their club. This is a great opportunity for the youth to get feedback and ask questions so they can turn in a quality treasure book at the end of the year.



NEW-Scholarships

There are three scholarships available to 4-H youth that are listed below. Please click on the links below to find out the details about the application process for each of the scholarships!

CAFS Scholarship ([Link](#))

Cinch Scholarship ([Link](#))

4-H & FFA Community Service Scholarship ([Link](#))

Nicole Lyne Fields Memorial Scholarship ([Link](#))

2023 4-H Foundation Scholarship

The 2023 El Paso County 4-H Foundation Scholarship has now been added to our website for our 4-H members entering college. Youth must have been a member of 4-H in El Paso County a minimum of three years. The application is due by **5:00 PM on April 15, 2023**. Must be mailed to:

El Paso County

c/o Kathy Hisey

24 Circle C Road

Fountain, Colorado 80817

Or emailed to epc4hfoundation1@gmail.com

[Scholarship Application Link](#)

2023 El Paso County Junior Livestock Sale Committee Sue Crozier Livestock Scholarship.

Applications are available for the 2023 El Paso County Junior Livestock Sale Committee Sue Crozier Livestock Scholarship. As many as two (2) scholarships of up to \$1,000 each have been budgeted for 2023. The Scholarship is open to high school graduating seniors or college freshman's enrolled in any Market Projects, Large & Small Animal Projects with the expectation for completion in August 2023. Please see the application for the full details and eligibility criteria. Application must be received by April 15, 2023.

[Scholarship Application Link](#)

Citizenship Washington Focus (CWF)

Citizenship Washington Focus (CWF) is a 4-H civic engagement experience for high school youth. Every summer teens from across the country gather at the National 4-H Conference Center, near Washington, D.C., to learn what it means to be a strong leader in their community, country and world. These objectives are met through pre-trip education, speakers, workshops, daily excursions to view national sites, a day at the Capitol with an elected official, as well as a delegate-designed and implemented action plan.

Eligibility requirements:

Delegates must be at least 15 years old by January 1 of the current year and currently involved in an Extension-sponsored 4-H youth program.

Delegates must have at least one year of leadership experience and be currently active in a leadership position in the organization she/he represents.

Delegates must have demonstrated an active interest in citizenship/community service programs in their club and/or at the county level.

Delegates must complete an official application for Citizenship-Washington Focus and upload a clear, glossy picture for publicity.

Register:

Eligible member(s) use the 2023 CWF Application Process through the 4-HOnline Event Registration section and follow the Application Procedures for Selecting Delegates document by March 31.

Cost: \$2,400-\$2,900 (Funds can be applied for through the El Paso County 4-H Foundation Committee)

CWF SCHEDULE

Day	Time	Activity	Dress
Sunday	3pm-5pm	Check-in/Registration	Casual
	5-6:30pm	Dinner	Casual
	6:30-7pm	Welcome	Casual
	7-8pm	Empathy Activity	Casual
	8-9pm	Pin Trade & Social	Casual
	9-10pm	Delegation Huddle	Casual
Monday	11pm	Curfew	Casual
	7:30-8:30am	Breakfast	Casual
	8:30-12pm	FDR & MLK & WW1 & White House	Casual
	12-1pm	Lunch	Casual
	1-2pm	Active Listening & Civil Discourse Workshop	Casual
	2-3pm	Media Literacy Workshop	Casual
	3-4pm	Delegation Time (Action Plan + Prep for TH)	Casual
	5-6pm	Dinner	Casual
	6-10:30pm	Nightview	Casual
	11pm	Curfew	Casual
Tuesday	7-8am	Breakfast	Casual
	8-1pm	Arlington National Cemetery	Casual
	1-2pm	Lunch	Casual
	2-3:30pm	Town Hall	Casual
	3:30-5pm	Delegation Time (TH Debrief + Local Gov/Advocacy Workshop)	Casual
	5pm	States Night Out	Dressy
	11pm	Curfew	
Wednesday	7-8am	Breakfast	Business Casual w/ CWF Polo
	8-6pm	Capitol Hill Day	Business Casual w/ CWF Polo
		Lunch and Dinner off-site (Voucher for Dinner)	B
	6-9pm	(Weeks 1-3) Twilight Tattoo (Week 4) Air Force Memorial	Business Casual w/ CWF Polo
	9-9:30pm	Marine Corps Memorial	Business Casual w/ CWF Polo
	11pm	Curfew	
Thursday	7-8am	Breakfast	Casual
	9-6pm	Delegation Day	Casual
	6-6:30pm	Delegation Wrap Up (Action Plan Share Fair)	Casual
	6:30-10:30pm	Closing/Party/Dance	Casual
	11pm	Curfew	

Meat Quality Assurance (MQA)

Meat Quality Assurance Training teaches the youth about the quality of meat and food products that come from livestock. Quality assurance for livestock producers means making a promise to the consumers, or the people who consume the meat, eggs, milk and dairy products, from food production animals. The promise made is that products from livestock will be the highest possible quality and producers will do everything possible to make these products safe to eat.

- MQA Training will be offered twice a year. For 2023, a classroom style format will be used.
- ***The project areas required to complete MQA training is goats, sheep, cattle, swine, poultry, and rabbit.***
- ***All first year 4-H members*** and current 4-H members advancing to intermediate (11 years old) or senior (14 years old) 4-H members must complete a Meat Quality Assurance (MQA) workshop if enrolled in goat, beef, sheep, swine, poultry or rabbit project(s).
- ***All 4-H members are required to attend a MQA training during their first year in a livestock/rabbit/poultry projects regardless of their age.***
- This must be done at least 45 days prior to the El Paso County Fair in order to be eligible to exhibit at the county and/or state fair(s).
- Proof of compliance must be submitted to the El Paso County Extension Office.
- If the 4-H member is unable to attend an MQA workshop in El Paso County, the 4-H member may attend an MQA workshop in another county (information for completion must be sent to El Paso County office by the deadline from the county that the MQA training was completed in)

The dates of MQA classes offered in the classroom will be (only need to attend one session):

Wednesday April 5, 2023, at 6:00 PM (Location at the Extension Office) Classroom Session

OR

Thursday April 20, 2023, at 6:00 PM (Location at the Extension Office) Classroom Session

Please register for MQA with this [LINK](#)



Animal ID's in 4HOnline due by May 1

Animal ID's for **horse, miniature horse, pygmy goat, dairy goat, breeding livestock, cat, dog, and camelids (llama/alpaca)** in 4H Online are **due by May 1, 2023**. If Animal ID's for the above projects are not in by May 1 the animals are not eligible to show at the county fair. Market livestock, rabbit, and poultry do **NOT** get entered into 4H Online.

[Link for instructions are here](#)

Summer Fest 2023 Day Camp

Senior 4-Hers who would be interested in **presenting a workshop at this event for junior and intermediate 4-Her's** please go to <https://forms.gle/qzQio7vH5e6QDQGT7> and fill out a workshop submission form. Topics can be on anything, but a suggestion would be to do something on an aspect of a 4-H project or 4-H which you feel comfortable with and think you can help everyone in attendance improve at. Workshop proposals are due by April 10th. There is only room for 4 presentations. The Sub-committee will select the presentations to be given from those submitted and you will be notified by April 25th. The date for SummerFest Day camp has not yet been set. However, it will be held on a weekday in early June. If you have questions, please contact Jonathan at jonathan.vrabec@colostate.edu. Junior and Intermediate 4-Hers make plans to attend as it promises to be fun and exciting for everyone once we have set a date.





YOUR Adventure Awaits!

YOUTH FEST MARCH 24-25, 2023



4H Online Registration

Registration Fee: \$60 per person
4-H Ages: 11-13
Location: Colorado State Fairgrounds Pueblo, CO
Registration Includes Saturday Lunch, Water Bottle, and more!



Schedule

Friday, March 24

- 5:30-7 PM Check-in
- 7-10 PM Activities & Workshops

Saturday, March 25

- 8:30 AM-12 PM Activities & Workshops
- 12-1 PM Lunch
- 1-4 PM Activities & Workshops
- 4 PM Closing



More Information

- Deadline for registration is March 13, 2023
- Please account that lodging will be a potential cost



ONLINE EVENT INFORMATION: [COLORADO4H.ORG](https://colorado4h.org)



**COLORADO STATE UNIVERSITY
EXTENSION**

On Behalf of the Sale Committee:

This is the final draft of the Sale Rule revision to take place for fair in 2023 and 2024. We want to thank all the families that offered input by email or in person and we feel we have come to a good compromise for all parties. Families with questions regarding this rule can reach out to the Sale Committee at epcojrlive-stocksalecommittee@gmail.com

Original wording:

All Grand and Reserve Grand Champions in each species must be sold. A Sales Release form is required for ALL Grand and Reserve Grand Champions in each species. In the event that an exhibitor owns both Grand and Reserve Grand Champions in any species, that individual will be required to sell both animals. In addition, an exhibitor who has Grand and/or Reserve Grand Champion that must sell, may sell another animal of a different species, if enrolled and exhibiting in another market project. This rule takes precedence over the one youth, one animal rule. In the instance that an exhibitor qualifies to sell more than one market animal, as the result of exhibiting the Grand and/or Reserve Grand Champion animal, then the exhibitor's additional animal(s) will sell at the end of the final round of that species, respectively.

NEW for 2023:

All Grand and Reserve Grand Champions in each species must be sold. A Sales Release form is required for ALL Grand and Reserve Grand Champions in each species. In the event that an exhibitor owns both Grand and/or Reserve Grand Champions in any species, that individual will be required to sell both animals. In addition, an exhibitor who has Grand and/or Reserve Grand Champion that must sell, may sell one other animal of any market species. This rule takes precedence over the one youth, one animal rule. In the instance that an exhibitor qualifies to sell more than one market animal, as the result of exhibiting the Grand and/or Reserve Grand Champion animal, then the exhibitor's additional animal will sell at the end of the auction in the 4th round. Round 4 for be for any lots resulting from extra animals.

Ex: Exhibitor has the Grand beef; they can sell another beef. The exhibitor has Reserve Turkey and Grand goat, then they can sell **one** other animal of any species to sell in round 4.

NEW for 2024:

All Grand and Reserve Grand Champions in each species must be sold. A Sales Release form is required for ALL Grand and Reserve Grand Champions in each species. In the event that an exhibitor owns a Grand or Reserve Grand Champion, they may sell one other animal of any market species. . In addition, an exhibitor who has more than one Grand and/or Reserve Grand Champion that must sell, that individual will be required to sell all qualifying animals but will not be allowed an extra. This rule takes precedence over the one youth, one animal rule. In the instance that an exhibitor qualifies to sell an additional animal, as the result of exhibiting a Grand or Reserve Grand Champion animal, then the exhibitor's additional animal will sell at the end of the auction in the 4th round. Round 4 for be for any lots resulting from extra animals.

Ex: Exhibitor has the Grand beef; they can sell another beef to sell in round 4. The exhibitor has Reserve Hog and Grand Goat, then that is all they can sell.

This new revision will be re-evaluated after the fair in 2024.

March Miniature Horse Clinic

Kari Czarnota will be covering Showmanship and Jumping. Kari will walk members through a showmanship pattern and then break out the jumps. Come have some fun while Kari instructs the youth showmanship and jumping.

Date: March 26, 2023 at 10:00 AM

Location: Hope Thru Hooves 2550 Hillside Rd, Pueblo CO 81006



Looking Forward To (Mini-Horse)

- May 10th- Ground Driving Cones, Reinsmanship, and Obstacle
- March 11, 2023- Community Service is St. Patrick's Day
- March 26, 2023– Showmanship & Jumping Clinic
- April 29th- Gymkhana and Liberty

Horse Educational Workshop- Team Problem

We hope everyone can join us on Tuesday March 14, 2023 at 7:00 PM at Kit Carson Riding Club for a fun night of team problem solving! This a great way to learn more about Hippology Contests and expand your knowledge with other youth in horse program!

Ground Poles Horse Clinic

Please join us for an educational riding clinic hosted by Lisa Anderson who will going over the importance of ground poles at **Latigo beginning at 9:00 AM on Sunday March 12, 2023.** This is a great clinic for setting a solid foundation for the youth and their horses.

Annual 4-H Easter Egg Hunt

Please refer to the flyer in the 4-H "4" All section of the newsletter to get signed up for our annual Easter Egg Hunt. If doing the Easter Egg Hunt on horseback all riders must be safety tested. We hope to see you all there!

4-H El Paso 4-H Horse Project Manual

We have updated the 4-H El Paso County 4-H Horse Project Manual for the 4-H members and families for the 2022-2023 4-H Year. **Please take the time to read it and become familiar with the expectations and opportunities available in the horse and miniature equine program.** The document will be available on the band app and website. I have attached the link below:

<https://elpaso.extension.colostate.edu/wp-content/uploads/sites/44/2022/11/2022-23-El-Paso-County-Horse-Project-Manual.pdf>

Looking Forward To (Horse)

Friday June 2, 2023, Hack N Cows Clinic that is a qualifying clinic for hunter hack and cattle classes for county fair will be happening at Latigo. This date will be utilized for Levels Testing, County Fair Qualifier for Hunter Hack and Cattle Classes, and a great way to practice. More information to come!

Horse Judging Team!

The teams regular practice schedule is every Thursday evening from 6:30-8:30 at the Household Hazardous Waste Facility at **3255 Akers. Park and enter through the backside of the building (North side).** Please let us know you plan to attend so we are able to let you in. We are also working on a field trip to practice on live horses sometime in March, details will be discussed at practice. Members of all ages and project areas (not just for horse project members) are welcome to attend. We currently have 5 members practicing and preparing for contests in the spring! Contests offer divisions for Novice (first time judges), 13 and under and 14 and up. If you want more information or are not able to attend practice sessions, please contact Jonathan at jonathan.vrabec@colostate.edu for more information. Judging Teams are a great way to make friends, have fun and build important life skills while learning about horses!



El Paso County



4-H Horse Project

Pg. 10/23

All fees collected benefit the
El Paso 4-H Miniature horse
project.

June 3rd 2023
Owens Livestock
Arena
366 10th St
Calhan, CO
80808

2ND ANNUAL MINIATURE OPEN HORSE SHOW



WE OFFER

Ground Driving
Liberty
In-hand classes
Gymkhana
Costume

FOR MORE INFO or
to PREREGISTER:

email Randi Hudson
randaleehudson@yahoo.com



EL PASO COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

4-H LIVESTOCK CHECKLIST

- ☐ Enroll in 4-H Online and join Livestock Band App (December 15)
- ☐ Turn in 4-H Enrollment Fees + Animal Housing Form to club leader by December
- ☐ Producer Nomination due January 31st (Dam nomination/top half) email to Emily Tobler
- ☐ Register for market animal tag-in event via newsletter
- ☐ May 1- Animal ID for Breeding Livestock, Pygmy, & Dairy Goat in 4HOnline due
Producer Nomination emailed to Emily Tobler due (Offspring nomination/bottom half)
Last day to drop or add projects in 4HOnline
- ☐ Register for fair through FairEntry.com (May 30-June 9, 2023)
- ☐ Pay for fair through Eventbrite after entries have been approved (June 15, 2023 last day)
- ☐ Purchase parent passes, camping, and discounted additional 4-H passes through fairgrounds (May 30-June 9, 2023)
- ☐ Fair Clean Up Day + Pickup Passes (June 24, 2023)
- ☐ Sign up for health certificates via newsletter (July 1, 2023)
- ☐ Set up stalls and tack at fairgrounds (July 12, 13, or 14, 2023)
- ☐ Load in animals for county fair (July)
- ☐ Turn in record book(s) to club leader (August)
- ☐ Attend year end banquet (Achievement Awards) in October

Note that all deadlines have detailed information in the newsletter

Livestock Quiz Bowl Practices!

Calling all youth interested in joining the El Paso County 4-H Livestock Quiz Bowl team! This is a great opportunity to be a part of competitive team while also learning more about livestock. Practices will begin in February 28, 2023 and run until June. Please join the Band App to find out all the upcoming details for practices!



2023 Livestock Quiz Bowl

Scan this QR code and join!

Swine Seminar

Friday March 17, 2023 at 6:00 PM at Latigo

Come join us for an informational night on how to get the most out of your hogs by understanding feed efficiency, health, and feed tags. The clinic will be put on by Johnny Hamilton, with giveaways as an added bonus!

Please do not bring animals as this is a classroom session seminar

Please comment on the Band App post if you plan on attending the seminar.

Attention Graduating Seniors in Livestock Projects (Last Year in the 4-H Program and County Fair)

For all the livestock 4-H members whose last year in the 4-H program for the 2023 County Fair please send Becky Chamblin a high-quality senior picture for your livestock senior banner. Please send it to Becky Chamblin by Monday March 20, 2023 at becco75@yahoo.com.

Sheep, Goat, and Swine Producer Forms

Please remember that the Sheep, Goat, and Swine Producer Forms are **due May 1, 2023**. They should be emailed to Emily.Green@colostate.edu and include the dam and offspring information on the form. In addition, please remember to gather all signatures on the form and attach pictures to the email.

Sheep Workshop

We will cover Sheep Project feeds, feeding & digestion, health and supplies. We will incorporate some fun hands-on activities, but it will be a classroom setting so no animals are needed. It will be held Monday April 10, 2023 at 6:30-8:30 PM at the Household Hazardous Waste Facility at **3255 Akers. Park and enter through the backside of the building (North side).** Please register by emailing jonathan.vrabec@colostate.edu (put "sheep projects rock" in the subject line). Registration deadline will be Wednesday April 5, 2023. We need 7 members registered to hold this program.



Utility Goat Project



Tentative Schedule (Watch the Newsletter and Band App for updates!)

December:
Meet and Greet for families wishing to lease a goat.

January-March:
Indoor Meetings, activities and guest speaker.

April-August:
Monthly hikes and community service on the trail.

August/September:
Fair demo and overnight camping trip.

For Questions Please Contact!
Project Leader: Madison Robertson
Phone: 720-560-1341
Email: qhlover46@hotmail.com

What is Utility Goat?

- Utility Goat simply means working goat. This includes both packing and harness.

What kind of goat do I need?

- Use the goat you have! Any goat can be a working goat.
- If you don't have a goat large dairy breed wethers are ideal. Alpine and Lamancha are the most popular.
- Lease a goat! Several seasoned goats are available for lease.

What Gear Do I Need?

- Collar and/or halter with lead
- Pack saddle and panniers

What Activities Will We Do?

- Caring for and training your goat.
- Logging miles on the trail for a year end award
- Community Service with the Pike's Peak Ranger District
- Fair demo 1st year
- Overnight Campout!

Fun For The Whole Family!



Sign Up Here



SCAN THE QR CODE FOR MORE
INFORMATION ABOUT
STOCK SHOW UNIVERSITY!

**STOCK
SHOW
U**

**TWO-DAY
4-SPECIES GRAD PROGRAM**

MAY 20-21, 2023
EL PASO COUNTY FAIRGROUNDS
CALHAN, COLORADO

OFFERED FREE COMPLIMENTS OF SULLIVAN SUPPLY AND EL PASO COUNTY 4-H

"We stay until the last question is answered!"

QUESTIONS?

CONTACT TESS MITTAG, STOCK SHOW U MANAGER
TESSA@SULLIVANSUPPLY.COM



EL PASO COUNTY
COLORADO STATE UNIVERSITY
EXTENSION



SULLIVAN
SUPPLY



Market Beef Project

Cattle Project Meetings

with Open Scale at the Fairgrounds 4-6 PM

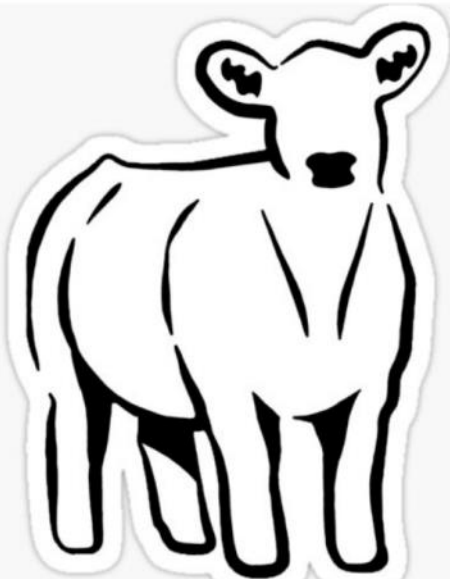
Sunday March 12

Sunday April 30

Sunday June 11

COUNTY FAIR EXPECTATIONS

We would like to set up the youth for success by handing out this sheet that helps outline the stalling and setup of county fair. This items can also be found in the premium book. Please feel free to reach out if you have any questions!



All exhibitors must have a panel on each side of their cattle, and bed cattle on shavings or mulch



Feed stored needs to be stored in containers (not in feed sacks), and exhibitors need to haul all manure down to manure pile located by the old beef wash racks at the end of the day.



Exhibitors will be given 4 feet per animal and 8 feet for tack per family.



All stalls need to be set up by Friday July 14 (this means tack/equipment unloaded, stalls bedded, and panels setup)



During fair cattle need to be fed, and stalls/tack stall/aisle need to be cleaned by 9:00 AM. Exhibitors need to respect the stock tanks. They are for the cattle to drink, not for playing in.

Registration Link <https://bit.ly/3JYkVRH>



EL PASO COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

El Paso County

BEEF BLOW N GO

SATURDAY
APRIL 01

AT EL PASO COUNTY FAIR GROUNDS

SHOW START TIME- 10:00 AM

WEIGHTS WILL BE DECLARED AND SLIPS MUST BE TURNED INTO THE LIVESTOCK OFFICE BY 9:00 AM (SCALE WILL BE AVAILABLE UNTIL 9 AM)

PRE-ENTRY IS \$30 HEAD (MUST BE PAID THROUGH EVENTBRITE BY MARCH 29TH AT 11:30 PM (NO REFUNDS)

DAY OF SHOW ENTRY IS \$45 PER HEAD (CASH OR CHECK)
SHOWMANSHIP WILL BE \$10 CASH ONLY AT THE GATE
SPILT 80/20

PRIZES\$\$\$ WILL BE AWARDED TO GRAND AND RESERVE IN BREEDING, MARKET, AND FUTURITY CLASS

Class Order

**BREEDING BEEF
MARKET BEEF
FUTURITY CLASS
SHOWMANSHIP**

Questions
Emily.Green@colostate.edu

Pre-Entry Link
<https://forms.gle/MUWHRVqnE9AvPNv59>

Jonathan Marr 4-H Memorial Scholarship

A \$500.00 scholarship will be awarded annually to a 4-H Member who has been enrolled in Shooting Sports for a minimum of four years. This scholarship is intended to assist individuals entering a postsecondary vocational or technical field, such as welding, carpentry, mechanics, etc

[Find more details here](#)

County & State Shooting Eligibility

If El Paso County 4-H youth want to be eligible to compete in any county or state competition they must:

- Attend SQA for the current 4-H year
- Hunter education cards **MUST** be provided on competition forms (make sure hunter education is done before county competition)
- Upload their hunter education card information **during** the 4-HOnline enrollment process
⇒ *This is important to upload during enrollment as it **CANNOT** be added to the 4-Honline profile later in the year*
- Attend 2 county practices in the discipline you wish to compete in

County Competition Schedule

County Competition Schedule is now ready and the [County Competition Entry Form](#) as well as the [Additional T-Shirt Order Form](#). These are due **May 7, 2023**, and no late entries or orders will be accepted. Dues turned into Shooting Sports Committee.

June 3, 2023 – Archery @ Frontier Sportsman Club Hanover Range

June 3, 2023 – .177 Air Rifle / .177 Air Pistol @ Colorado Parks & Wildlife Sinton Road

June 4, 2023 – Shotgun @ Pikes Peak Gun Club

June 10, 2023 – .22 Rifle @ Frontier Sportsman Club Hanover Range

June 11, 2023 – Muzzleload / .22 Pistol @ Frontier Sportsman Club Hanover Range

Shooting Sports Practice Sign Ups and Dates

- **Saturday March 4, 2023** Rifle, Pistol and Muzzleload practice Frontier Sportsman's Club Hanover Range: 13065 Hammer Road, Hanover Colorado. 50/100 yard range. Weather permitting.
<https://www.signupgenius.com/go/9040F45ABA62AA0FA7-03042023>
- **Thursday March 9, 2023** 6:30 pm Rifle Practice. Colorado Parks and Wildlife 4255 Sinton Rd, Colorado Springs, CO 80907. Gun Range: <https://www.signupgenius.com/go/9040F45ABA62AA0FA7-030923>
- **Sunday March 19, 2023** .22 pistol and muzzleload gongs practice Frontier Sportsman's Club Hanover Range: 13065 Hammer Road, Hanover Colorado. Southeast berm pits. Weather permitting.
<https://www.signupgenius.com/go/9040F45ABA62AA0FA7-031923>
- **Thursday March 23, 2023** 6:30 pm Pistol Practice. Colorado Parks and Wildlife 4255 Sinton Rd, Colorado Springs, CO 80907. Gun Range: <https://www.signupgenius.com/go/9040F45ABA62AA0FA7-032323>
- **Saturday March 25, 2023** Shotgun Practice Pikes Peak Gun Club 450 S Franceville Coal Mine Rd, Colorado Springs, CO 80929 weather permitting. <https://www.signupgenius.com/go/9040F45ABA62AA0FA7-032523>
- **Sunday March 26, 2023** 10:00 am - 11:30 am; 1:00 pm – 2:30 pm Archery Practice. Colorado Parks and Wildlife 4255 Sinton Rd, Colorado Springs, CO 80907. Gun Range: <https://www.signupgenius.com/go/9040F45ABA62AA0FA7-032623>
- **Saturday April 1, 2023** Rifle, Pistol and Muzzleload practice Frontier Sportsman's Club Hanover Range: 13065 Hammer Road, Hanover Colorado. 50/100 yard range. Weather permitting.
<https://www.signupgenius.com/go/9040F45ABA62AA0FA7-040123>

Firearm Cleaning Clinic

Sunday March 26, 2023 10:00 am - 11:30 am; 1:00 pm – 2:30 pm Cleaning Clinic. Colorado Parks and Wildlife 4255 Sinton Rd, Colorado Springs, CO 80907. Classroom: <https://www.signupgenius.com/go/9040F45ABA62AA0FA7-0326231>

Note For Youth Enrolled In Shotgun

There are a bunch of practice opportunities this month as well as some extra opportunities. We are hopeful the weather will cooperate and we will be able to hold some shotgun practices this month. Like last year, Pikes Peak Gun Club has reserved ranges for 4-H to practice trap, skeet and 5-stand (no walking sporting clays). If you are interested in shotgun, please come out. If you are a beginner, please start with Trap as this is the basics.

New Shooting Sports Leaders

There are also some new 4-H Shooting Sports leaders in the works. If you are one of them, please be sure to check in with the Extension office regarding the new leader paperwork and new leader meetings to help you get your bearings as you enter this great program on a new level. This is the month for training!! Be sure to watch your email.



COLORADO 4-H SHOOTING SPORTS LEADER TRAINING

HOSTED BY: PUEBLO COUNTY

QUESTIONS: CONTACT JEN LOEWEN

LOEWEN@PUEBLOCOUNTY.US (719) 583-6566



March 17-19, 2023

Colorado State Fairgrounds

1001 Beulah Ave

Pueblo, CO 81004



LODGING INFORMATION

DUE TO RENOVATIONS OCCURRING ON THE FAIRGROUNDS, THE GROWING MINDS DORMS WILL NOT BE AVAILABLE FOR USE. PLEASE SECURE YOUR OWN LODGING. WE RECOMMEND THE FOLLOWING HOTELS:

HAMPTON INN & SUITES PUEBLO-SOUTHGATE
3315 GATEWAY DR, PUEBLO, CO 81004 • (719) 566-1726

LA QUINTA INN & SUITES PUEBLO
4801 N ELIZABETH ST, PUEBLO, CO 81008 • (719) 542-3500

HOLIDAY INN EXPRESS & SUITES PUEBLO NORTH
4530 DILLON DR, PUEBLO, CO 81008
(719) 542-8888



WORKSHOP FEES

\$135/PERSON
4-H VOLUNTEERS OR YOUTH

\$70/PERSON CSU EXT STAFF

DISCIPLINES OFFERED:

- ARCHERY
- RIFLE
- PISTOL
- SHOTGUN
- MUZZLELOADER
- HUNTING & OUTDOOR SKILLS
- WESTERN HERITAGE

4-H ONLINE REGISTRATION BEGINS 2/3

[HTTP://V2.4HONLINE.COM](http://V2.4HONLINE.COM)

- ENTER FAMILY EMAIL AND PASSWORD
- SELECT EVENT "2023 PUEBLO SS LEADER TRAINING"
- CONFIRM PAYMENT AND "FINISH" TO COMPLETE YOUR REGISTRATION

REGISTRATION CLOSES
MARCH 3, 2023



**COLORADO STATE UNIVERSITY
EXTENSION**

MAKE CHECK PAYABLE TO: PUEBLO
COUNTY EXTENSION PROGRAM FUND

MAIL TO: PUEBLO COUNTY EXTENSION
4-H SHOOTING SPORTS
701 COURT STREET, SUITE C
PUEBLO, CO 81003-3054

**NOTE: ONE CHECK PER COUNTY FOR ALL
PARTICIPANTS REGISTERED**

COLORADO STATE UNIVERSITY EXTENSION IS AN EQUAL OPPORTUNITY PROVIDER. COLORADO STATE UNIVERSITY DOES NOT DISCRIMINATE ON THE BASIS OF DISABILITY AND IS COMMITTED TO PROVIDING REASONABLE ACCOMMODATIONS. CSU'S OFFICE OF ENGAGEMENT AND EXTENSION ENSURES MEANINGFUL ACCESS AND EQUAL OPPORTUNITIES TO PARTICIPATE TO INDIVIDUALS WHOSE FIRST LANGUAGE IS NOT ENGLISH. [HTTPS://COL.ST/GWMJA](https://col.st/gwmja)



Pocket Pet Project Meeting

March 11, 10:00 a.m.

4-H Extension Office

We would love for you to join us this month to learn and share about your animal's enclosure and natural habitat. Please bring a sizeable picture of your animal's enclosure and its natural habitat.



Llama/Alpaca Project Meetings hosted by Stacy Cantu

Wondering what the llama/alpaca project is all about? No problama! Come join us and learn about these amazing animals and the popular 4-H project that features them.

Our March meeting will be the St. Patrick's Day Parade on 11 March 2023. If you would like to participate and walk with us please contact Mrs. Stacy Cantu at 719-231-9760.

Our next regular club meeting will be:

When: Sunday, April 16th

Where: 30103 Washington Road, Calhan, CO 80908

Time: 1pm to 2:30pm

Monthly topics include:

- April 16th - Obstacle Course practice
- May 21st – Pack Course practice
- June 11th – Showmanship Course practice

Our county fair barn theme this year is **The Wild West**.

Dog Project Classes

The dog project is starting their project classes for the year! We ask that you join the Band App to get the most updated information on this project area! In this app, includes a calendar that has a list of all the dog project classes offered. Please make sure to join!

[Band App Link for Dog Project](#)



Project Meetings for the Cat Project

We are excited to announce that we are beginning county wide project meetings! Starting on March 7, 2023 at the Falcon High Prairie Library from 5:00-6:00 PM the youth gather together to learn all about cats and their 4-H project! Meetings will be the first Tuesday of every month at the same location and time. If you have any questions please email Racheal at rboynton15@hotmail.com



Camelid Achievement Awards

Please apply and share the information about the Llama/Alpaca 4-H Awards, listed below is all the information for the different awards

[Award Summaries](#)

[Service Award Form](#)

[High Achiever Award Form](#)

Pet Pig Achievement Award

Please apply and share the information about the Pet Pig Achievement Award, listed below is all the information for the award

[Pet Pig Achievement Award Summary](#)

Dog Handler Versatility Award

Please apply and share the information about the Dog Handler Versatility Award, listed below is all the information for the award

[Dog Handler Versatility Award](#)



RABBIT AND CAVY RALLY

MAY 6TH, 2023

WHITTEMORE BUILDING ON
THE EL PASO COUNTY FAIRGROUNDS

REGISTRATION BEGINS AT 9:30 A.M. WITH
THE SHOW STARTING AT 10:00 A.M.

RALLY INCLUDES:

CONCESSIONS

SHOW FOR RABBITS AND CAVY

SHOWMANSHIP FOR RABBITS AND CAVY

INFORMATIONAL GAME FOR FIRST AID

SILENT AUCTION/DOOR PRIZES

PRICES:

\$4 PER RABBIT/CAVY FOR THE SHOW

\$2 PER SHOWMAN (OPTIONAL)

\$1 INFORMATIONAL GAME (OPTIONAL)

Cash (exact preferred) and Checks ONLY

For questions, please email Samantha Taylor at rabit_luver_5@hotmail.com
or Kylie Farr at smiley.kyliejk94@gmail.com

The background of the flyer is dark blue with stylized, light green and grey line-art illustrations of bowling pins and bowling balls scattered around. The text is centered and reads:

LET'S STRIKE UP SOME FUN!

**The El Paso County Rabbit Project would like
to invite all project members and their
families for a fun get together!**

March 12, 2023

King Pin Lanes

1:00 p.m.

\$3.50 per lane/per person

**RSVP to rabit_luver_5@hotmail.com
by March 9th so we know how many
lanes to reserve.**

We Want You! Come Join Our Committee!

Are you the kind of person who likes helping youth thrive? Maybe you'd like to know more about helping support our youth in general, art, communication, mechanical science, natural resource, or family consumer science projects? If this describes you, please come share your ideas and voice at the Tabletop Advisory Committee Meetings. We meet the third Thursday of each month at the Extension Office (north community room). Please email Charity for more information if you are interested at Charity.Cagle@colostate.edu

NEW– Creative Cooks & Cake Decorating Contest moved to County Fair!

We have exciting news that the Creative Cooks and Cake Decorating Contest for El Paso County has been moved to Monday June 17, 2023 at 2:00 PM in the Swink Building! This a great opportunity for the youth to compete in their contest at County Fair! Please note the change is that these contests have been moved from County Contest to County Fair for this year!

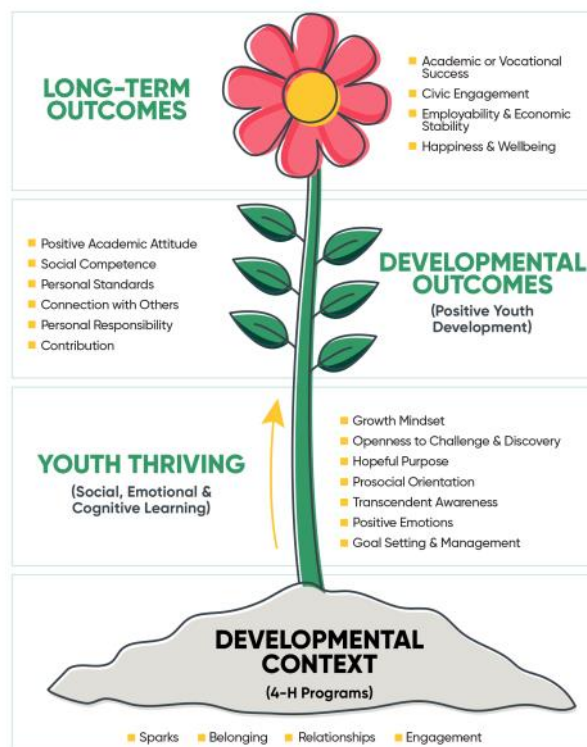
2023 Exhibit Requirements & Contest Information

Please refer to the links below for the General and Exhibit Contest Information that is posted on the State 4-H Website. I recommend that families look at the Exhibit Requirements, Scoresheets, and Project Help pages to get the complete information for these contests.

[General and Exhibit Contest Information State Website](#)

[2023 4-H Exhibit Requirements](#)

[General Contest Scoresheets](#)



The STAR Award

Stellar Tabletop All-Around Recognition Award (STAR) Award

To be eligible for consideration, you must:

- Be enrolled in 2 or more tabletop projects, or two separate units within a tabletop project, and receive a blue ribbon or better for those projects at county fair
- Compete in at least one County Contest
- Submit Letter of Intent (given out at county fair) and [Activity Chart](#)

To be competitive, you must:

- Be involved with Leadership, Community Service, County 4-H Involvement, or Camps/Conferences (please see [Activity Chart](#) for more information)
- For detailed information on specifications for the award please refer to the [STAR Award Specifications Document](#)



2023 Youth County Council Meeting Dates

Third Tuesday of the Month at the Extension Office (north community room – 1st floor)

March 21st

April 18th

May 16th

June 19 – 23 – STATE 4-H Conference in Fort Collins

Any timely changes to the schedule will be announced via the BAND app (see QR code above to join)

Youth County Council Senators are highly encouraged to attend State Conference

2023 February Meeting Summary

The last youth county council meeting Feb 21, 2023. We have 9 clubs represented and 17 members in attendance.

- Council members organized and lead icebreakers and get acquainted activities at the Critter Creation event on Saturday Feb 25th.
- We discussed ideas to hold SummerFest Day camp (more details to come),
- Fundraisers including the opportunity to eat out and support the council night,
- Our community service project this year will be working with Fountain Creek Nature Center's Family Fun Day Special Event May 6, 8:30am to 2:30pm. Tasks would include assisting docents at different stations, bug sweeps, bug hats, kite making, fairy/gnome homes, and pond study, as well as assisting with setup and take down. Contact a county council rep if you would like to assist as well!
- St Patrick's Day Parade- Details in this issue of the newsletter
- District 3 is holding a retreat in April, as soon as we have details, we will share them with everyone.
- The county Fair Dance.

If you have any questions or would like to get involved (County Council is for everyone and is your gateway into future leadership opportunities), please feel free to come to our next meeting. ***It will be held on March 21st at the CSU Extension Office.*** Join the Band App to post feedback/suggestions and to stay in-

BAND APP- Youth County Council

El Paso County Youth Council is a busy group! While our events are advertised in the newsletter, the BAND APP is a great way for us to connect, get clarification, and stay updated. Please join our YCC Band group here (*the Band app can be utilized on both mobile or desktop devices*)





Family & Consumer Science Upcoming Workshops

Cottage Foods Certification - Feb. 9th

Mediterranean Diet Workshop - Feb 2nd and March 7th

Dining with Diabetes Class Series - March 2,9,16,23rd

Introduction to Water Bath Canning - May 11th

Introduction to Pressure Canning - May 30th

Food Safety Works Certification: ongoing

Classes added monthly

Register:

[Link](#)



**NUTRITION, FOOD SAFETY
AND HEALTH**
COLORADO STATE UNIVERSITY
EXTENSION
EL PASO COUNTY

More Information: Michael Lucero, MPH
FCS County Specialist
Michael.Lucero@ColoState.Edu



*The Fairgrounds
Corporation*

presents

Boots *in the* Park

*An evening to celebrate and support
the Fair & Events Center*

HOSTED AT
EL PASO COUNTY
FAIR & EVENTS CENTER

MARCH 11, 2023 • 6:30 PM
WHITTEMORE BUILDING | CALHAN, CO
\$40/PERSON OR \$75/COUPLE
\$300/GAME SPONSOR

CASINO NIGHT
SILENT AUCTION
WHISKEY PULL

*We invite you to spend the evening enjoying
traditional casino games, music and dancing,
appetizer & dessert buffet, silent auction,
whiskey pull, and more.*

*Each registration includes \$100 in chips, with
the option to purchase more. All earnings will
benefit the Fairgrounds. High point winners will
be eligible for fantastic prizes.*

WWW.ELPASOCOUNTYFAIR.COM/EVENTS



WELD COUNTY SHOOTING SPORTS
INVITATIONALS!

MARK YOUR CALENDARS

Save the date for TWO Shooting Sports
Invitationals hosted by the Weld County 4-H
Shooting Sports Council!

JUNE 3RD: RIFLE, PISTOL, ARCHERY, MUZZLELOADING
IN FT. LUPTON, CO

JUNE 4TH: SHOTGUN (TRAP AND SKEET)
IN GALETON, CO

MORE DETAILS WILL BE SENT OUT AS WE
GET CLOSER TO THE EVENTS!
CONTACT KIM WITH QUESTIONS:
KEASTWOOD@CO.WELD.CO.US

**MARCH
18TH
8AM -
5PM**

4-H DOG EXPO

**OPEN TO ALL 4-H
DOG MEMBERS**

**5280 ARENA
CIR, LOVELAND,
CO 80538**

**\$5 PER
MEMBER**

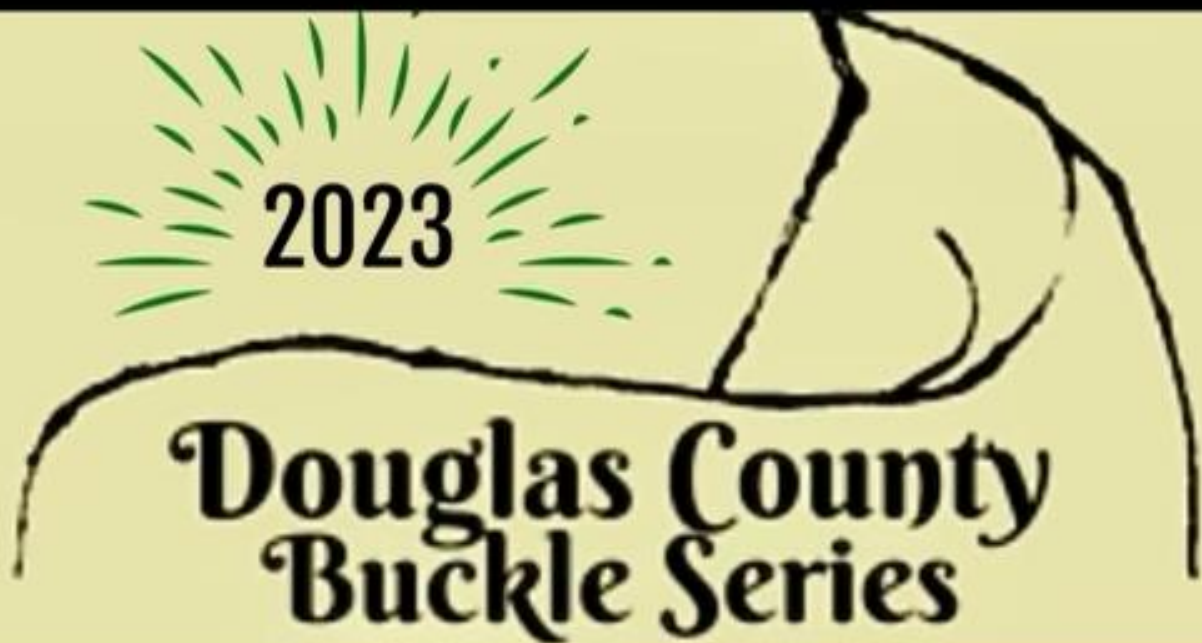
PRESENTATIONS BY:



WORKSHOPS:

- SHOWMANSHIP
- OBEDIENCE
- RALLY
- AGILITY
- CANINE GOOD CITIZEN

**DOG INSPECTION
AREA AND
RECORD BOOK
WORKSPACE**



● Save the Dates ●

Saturday January 21

Sunday February 19

Sunday April 30

Sunday May 21

Saturday June 10

Lyda Hill Institute for Human Resilience



GRIT

“Tough” Gets You Through Today.

GRIT Gets You Through Tomorrow

Some days, it feels easy to stay strong. But it's also hard not to give into fear, feeling overwhelmed, and even a little hopelessness, sometimes. On those days, there's a hidden strength you can tap into—**resilience**.

Spread support in your community by signing up for **GRIT Resilience Training**. GRIT is a free five-hour training designed specifically to support and build resilience in yourself and your community.

With **GRIT**, learn foundational education on stress, trauma, and resilience, and key steps in reaching out and making meaningful connections in your community while focusing on strengths!

This free training is available in self-paced learning and is packed with helpful resources.

Sign up and learn more at www.letstalkgrit.com

Find more training and research opportunities at www.resilience.uccs.edu

May 11-14, 2023



CAHC No Frills Show

& 4-H Spring Extravaganza

Sponsored by the Colorado Arabian Horse Club in cooperation with the Rocky Mountain Quarter Horse Association and the High Plains Paint Association

4-H COST: \$250

Includes: Clinics, Stall, and all 4-H classes for which a participant is eligible at the National Western Events Center Denver, CO.

*Additional breed specific and all-breed classes may be added for the additional class fee price.

4-H Classes will be split by age group, 13 & under and 14 & over if entries warrant

**Shavings are not included and must be purchased through Sue Sayler and paid to the show.

SCHEDULE:

Friday (May 12)

12:00-4:00 pm 4-H Check in

3:00-5:00 pm Open Schooling

5:30-9:00 pm Clinic Rotations

**For Saturday and Sunday classes - see main show schedule for approximate times

CLASSES

- Showmanship
- Horsemanship
- Trail
- Ranch Rail Pleasure
- Hunter Under Saddle
- English Equitation (rail)
- Walk Trot/Jog classes

FOR MORE INFO:

HockeyandHorseMom@gmail.com

<https://coloradoarabianhorseclub.org>

JEFFCO 4-H OPEN SHOWS



NO MEMBERSHIP REQUIRED

See website or QR code below
for full details on each show as
they become available.

SAVE THE DATES



**4/23 CONIFER WRANGLERS
WESTERNAIRES INDOOR ARENA**
SHOWMANSHIP | ENGLISH | WESTERN

**5/14 HAIRY HORSE SHOW
WESTERNAIRES INDOOR ARENA**
SHOWMANSHIP | ENGLISH | WESTERN
GYMKHANA

**6/4 PLEASANT PARK 4-H
MCKEEVER ARENA CONIFER**
GYMKHANA SERIES 1 OF 3
7/9, 8/13

**6/24 GILPIN/ARCHWOOD 4-H
GILPIN COUNTY FAIRGROUNDS**
SHOWMANSHIP | ENGLISH | WESTERN
GYMKHANA

**6/25 TRIO 4-H SHOW
WESTERNAIRES INDOOR ARENA**
SHOWMANSHIP | ENGLISH | WESTERN
GYMKHANA

**7/8 PLEASANT PARK 4-H
MCKEEVER ARENA CONIFER**
SHOWMANSHIP | ENGLISH | WESTERN

**7/9 PLEASANT PARK 4-H
MCKEEVER ARENA CONIFER**
GYMKHANA SERIES 2 OF 3
6/4, 8/13

**7/16 GILPIN/ARCHWOOD 4-H
GILPIN COUNTY FAIRGROUNDS**
SHOWMANSHIP | ENGLISH | WESTERN
GYMKHANA

**8/13 PLEASANT PARK 4-H
MCKEEVER ARENA CONIFER**
GYMKHANA SERIES 3 OF 3
6/4, 7/9

**8/19 GILPIN/ARCHWOOD 4-H
GILPIN COUNTY FAIRGROUNDS**
SHOWMANSHIP | ENGLISH | WESTERN
GYMKHANA



Want to Join 4-H?
<https://4honline.com/>

Create an account and then sign up!
Need help joining 4-H call 303-271-6620

All of the shows are Jefferson County Colorado
4-H Sponsored Open shows. Anyone 8 or older
(on or before 1/1/23) can participate.
See showbills for full details about each show.



<https://sites.google.com/view/jeffco4hhorseshows>

LandL2023FinalLong

Lunch & Learn Horticultural Series 2023

Register for these classes and others at epcextension.eventbrite.com

March 8th **IN PERSON - Starting Seeds Indoors**

9:30 AM - 12 PM @ 17 N. Spruce St., Colorado Springs, CO 80905

Learn about starting garden plants from seed and take home planted seed trays.

March 15th **Good Soil is Key to Successful Gardening**

12-1 PM via Zoom

80% of garden problems stem from soil issues. Once you understand the science of soil, you'll know how to properly manage your soil for optimum plant growth.

March 25th **IN PERSON - Soil Testing Lab**

9:30-11:30 AM @ 17 N. Spruce St., Colorado Springs, CO 80905

Get personalized soil testing results at our in-person Soil Testing Lab. Tests include nitrates, phosphates, pH, and texture.

April 5th **How to Get Rid of All (or Part) of Your Lawn**

12-1 PM via Zoom

Replacing your turf can seem like a big project, but it can be a rewarding transition that saves you money on your water bills, among other benefits.

April 12th **Native Alternatives to Water-thirsty Lawns**

12-1 PM via Zoom

You can make your garden a beautiful, fun and interesting place, with minimal or no lawn. Get lots of ideas for alternatives to turf.

April 15th **IN PERSON - Landscape Design with Native Plants**

9-12 AM @ 17 N. Spruce St., Colorado Springs, CO 80905

Attendees will learn elements and principles of design, how to do an analysis of your yard and how to start planning your outdoor space utilizing plants native to Colorado and other low water plants.

April 26th **Plant This, Not That**

12-1 PM via Zoom

Learn about low-water, native alternatives that can replace traditional garden plants.



Colorado State University Extension is an equal opportunity provider. |

ColoradoStateUniversityExtensiones un proveedor que ofrece igualdad de oportunidades. Colorado State University does not discriminate on the basis of disability and is committed to providing reasonable accommodations. | Colorado State University no discrimina por motivos de discapacidad y se compromete a proporcionar adaptaciones razonables. CSU's Office of Engagement and Extension ensures meaningful access and equal opportunities to participate to individuals whose first language is not English. | Office of Engagement and Extension de CSU garantiza acceso significativo e igualdad de oportunidades para participar a las personas quienes su primer idioma no es el inglés



Registration is \$5
epcextension.eventbrite.com
*Class recording will be sent to
registered participants*



**EL PASO COUNTY
MASTER GARDENER**
COLORADO STATE UNIVERSITY
EXTENSION

**Lyda Hill
Institute for
Human Resilience**



Join us for a 5-week group for both parents/caregivers and their teens who want to learn more about ways to build family resilience after experiencing trauma.

Topics include:

- Resiliency and characteristics of resilient families
- Trauma and its impact on families, parenting, and teen development
- Emotions and how to manage them
- Parenting skills
- Boundaries and privacy in families
- Characteristics of healthy families
- Communication Skills

**Meet for two hours weekly for 5 weeks.
Parent and Teen groups will meet separately.**

Are you:

- A parent/caregiver of a teen age 12-19?
- Someone or partner to someone who has experienced a traumatic event?
- Interested in improving your relationship with your teen?

For more information:

Contact the Community Training and Empowerment Team

Nicole Weis: nweis@uccs.edu

Bradley Mallett: bmallet2@uccs.edu

You're Invited to a New Virtual Workshop Series!

Social and Emotional Learning with Project Learning Tree

This new professional development series will highlight nature-based learning experiences to help youth develop and maintain positive relationships, become lifelong learners and contribute to a more caring and just world. Attend all of them or just the ones you're especially interested in.



Feb. 23 – Self-Awareness

Develop a healthy sense of who we are



Feb. 28 – Self-Management

Manage stress, persevere & create positive change



Mar. 2 – Social Awareness

Understand the view of others



Mar. 7 – Relationship Skills

Connect & engage effectively with others



Mar. 9 – Responsible Decision-Making

Make caring and constructive choices

When: 3:30 – 4:30 p.m.

Cost: \$5/session or \$20 for series (Contact Danielle.Ardrey@colostate.edu for scholarship info.)

Register: Anytime at coloradopl.org/trainings



Visit us at: [COLORADOPLT.ORG](https://coloradopl.org)

Moffat County Extension Sheep Shearing School

This 3-Day Sheep Shearing School provides hands-on, instructed experience in shearing sheep and an introduction to equipment maintenance.

MARCH 31-APRIL 2, 2023

MOFFAT COUNTY

FAIRGROUNDS

CRAIG, CO

REGISTRATION FEE \$300

For more information or to inquire on getting your sheep shorn contact
megan.stetson@colostate.edu
970-826-3402



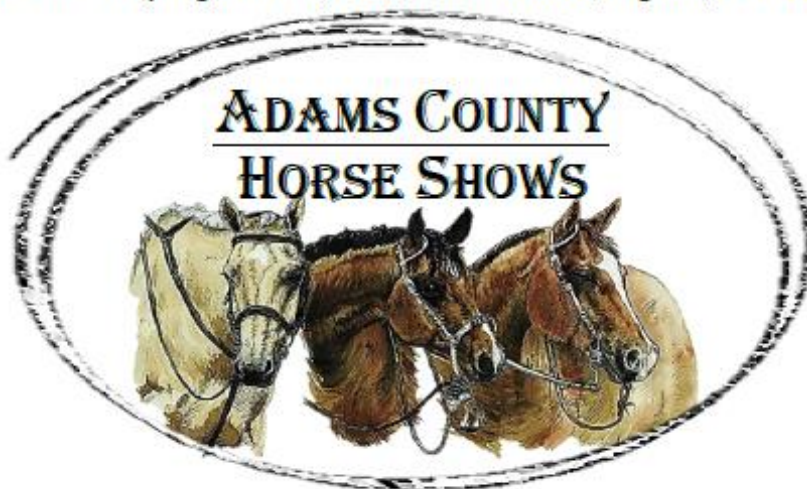
MOFFAT COUNTY
COLORADO STATE UNIVERSITY



Follow the
QR code
to register.

2023 SHOW SERIES

Adams County Regional Park; 9755 Henderson Road; Brighton, CO 80601



PERFORMANCE & GYMKHANA

June 17th & August 19th

Showmanship, English & Western;
Barrels, Flags & Poles

- * Registration @ 8 am *
- * Shows Start @ 9 am *

*Performance Ribbons or
Show Bucks thru 6th*

Gymkhana payouts through 5th

*Daily Top 5 High Point awards in
English & Western divisions*

RANCH HORSE

July 22-23rd &
September 16-17th

Cutting, Individual Cow Work, Ranch
Trail, Ranch Riding, Ranch Reining &
Ranch Pleasure

- * Registration @ 8 am *
- * Shows Start @ 9 am *

Ribbons or Show Bucks thru 6th

*Daily Top 5 High Point awards
in each division*

CoWN/SH-approved points



Rain Dates: July 8-9th & October 14-15th

2023 Year End Discipline High Point Awards based on a 1-horse/1-rider combo in each AdCo discipline and age group (8-10, 11-13, 14-18, 19 & Over). Must show in both AdCo discipline shows to qualify.

Membership is required for points to accrue.

Find us online at: ADCOHorse.com -or- [f](https://www.facebook.com/ADCOHorse) ADCOHorse -or- [i](https://www.instagram.com/adcohorse) adcohorse

Questions? Contact Brenda Berlin @ 720-219-8972 or Brendaberlin21@gmail.com